

ANNUAL
report
2023 – 2024



Rape
Prevention
Education

Whakatū Mauri Trust

Our Vision

All communities enjoy respectful relationships free of sexual violence, coercion and harm.

Our Values

Our core values are endorsed and practiced by our board, staff and volunteers.

Professional

Compassionate

Innovative

Balanced

Courageous

Our Pou

Manaakitanga
Whanaungatanga
Āhurutanga



***We are committed to
TE TIRITI O WAITANGI
and our identified pou
of manaakitanga,
whanaungatanga
and ahurutanga***

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Chair's Report

Laverne Robinson, Chair

Kia ora koutou,

With a change in government and the direction of Relationship Sexuality Education in schools still uncertain, RPE continues to deliver high quality programmes to rangatahi in Tamaki Makaurau with demand higher than ever. As a board we are proud of the recent refresh of Body Safe and the positive feedback attesting to the continued need for RPE programmes. We wish to thank our Executive Director Debbi for her excellent leadership navigating the team through the changing political landscape and are pleased at the stability RPE has currently in a challenging climate.

In my first year as Chair we saw many changes as a board as we said goodbye to two of our long-standing board members Bevan Chuang and Melanie Beres who stepped down after many years of service on the board. We would like to thank them for commitment and input into the board leadership in particular Bevan Chuang who held the Co-chair role for several years. We also said goodbye to Mereana Te Pere who also held the Co-chair role and worked alongside the RPE team providing Te Tiriti o Waitangi training. Ngā mihi Mereana for increasing the organisation's cultural knowledge and capacity during your time on the board.

The focus for 2024 has been recruiting and establishing a refreshed board and we are thrilled to have Chillion Sanerivi, Cathy MacKenzie, Siobhan Patia and Nalini Dutt join us this year. With renewed enthusiasm and a highly skilled board at the helm we look forward to supporting Debbi in her leadership of RPE in 2025.

Ngā mihi nui,

Laverne Robinson,
Chair

Director's Report

Debbi Tohill

I am pleased to present the Annual report for the fiscal year 2023-2024.

Evaluation shows young people and school staff continue to value our programmes and we have had an increase in demand this year. After a significant review of BodySafe, we have been pleased to roll out the refreshed programme in 2024. Whilst many people have contributed to this work, I would like to make special mention of our Programme Development Lead, Lesley-Ann Guild, who has led this work.

Whilst we have seen a more settled year than recent years, challenges remain, and we have had to put extra resource into ensuring the safety and well-being of our staff and the students we work with. Students are reported to be showing high levels of mental health issues such as anxiety and depression. Whilst the new coalition government has discussed removing and refreshing the Relationship and Sexuality Guidelines in the school curriculum, to date there has been no definitive action on this and we continue to work closely with our schools and receive advice from Ministry of Education.

I would like to express thanks to all who contribute to RPE's work from our casual educators, committed staff and Leadership team and our volunteer Board. With a refreshed board I am excited to see RPE's future direction. I know that our work makes a difference to all that we work with, whether it is a Year 10 student learning about consent for the first time to community workers keen to explore how their attitudes and beliefs can contribute to creating safe cultures for their communities.

We remain committed to eliminating sexual violence in our communities and look for opportunities to work in new areas.

Ngā mihi nui

Debbi Tohill,
Executive Director



Goal One:

We lead and contribute to the prevention of sexual violence with advocacy and awareness raising

RPE has actively contributed to and/or attended national and local initiatives:

Te Aorerekura, our national strategy for eliminating family violence and sexual violence and it's Action Plan.

Te Puna Aonui's hui on the National Strategy for eliminating Family Violence and Sexual Violence and Action Plan Te Aorerekura.

Meetings with the Minister for Prevention of Family & Sexual Violence, Marama Davidson in 2023.

The Executive Director is the Sexual Violence Prevention representative for Auckland Women's Coalition for Family & Sexual Violence and represents the Coalition on Netsafe's WOSP group.

The Executive Director is the Prevention Portfolio holder on TOAH-NNEST and chairs monthly meetings for the Prevention sector.

The Programme Development Lead is an active member of the Rainbow Violence Prevention Network (RVPN).

RPE is active in sector interagency meetings with a range of providers of sexual health information in Auckland. These include Sexual Wellbeing Aotearoa (formerly Family Planning), Burnett Foundation (formerly NZ Aids Foundation), Village Collective, Te Kaha o Te Rangatahi Trust, Auckland Sexual Health Service, Rainbow Youth, the Light Project and others. Joint training or network meetings are held for our teams during school holidays and are fantastic opportunities for the teams to learn from each other. Managers of these organisations also meet regularly to share sector knowledge and expertise.

The Executive Director is the Chair of Project Restore who provide restorative justice for survivors of sexual violence.

We supported several students doing their Degrees, Master's or PhDs in sexual violence prevention, schools education programmes and related topics.

Regular media interviews, advice and consultation.



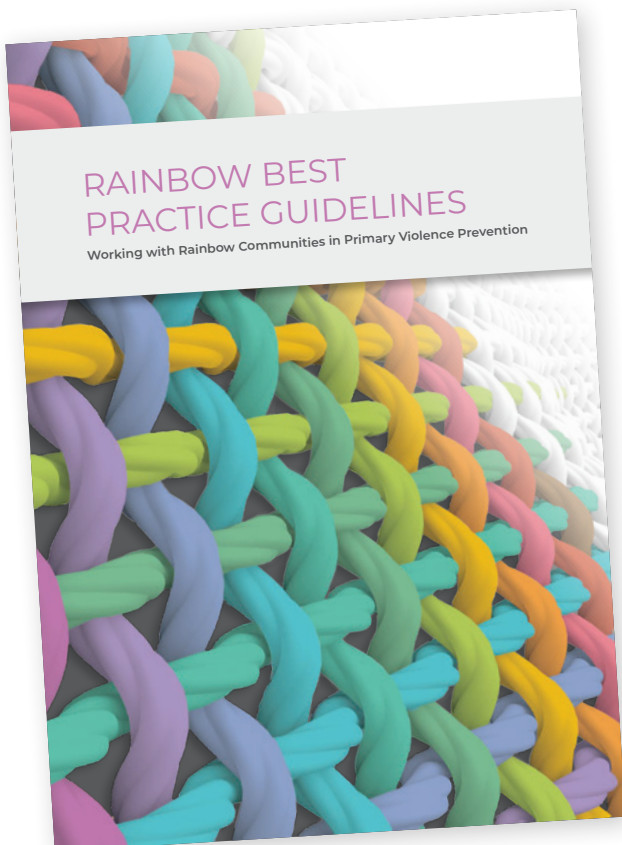
Goal Two:

We support organisations to embed sexual violence prevention practices with professional training and development

We continue delivery of sexual violence prevention workshops to University of Auckland to staff, resident advisors and student leads as part of their Cultures of Consent action plan.

- A really insightful workshop that made me much more aware of the actions and types of support people can get, as well as how to address any situations
- I think it was overall a very concise presentation and information was clearly delivered in a timely manner, and it would be very helpful in other environments as well
- I found it really educational and appreciated facilitators seriousness and inclusion. I also think the handout of support services is really good.
- The session was very engaging, and I felt that I was in a safe environment free to share my thoughts

We completed the Best Practice Guidelines for people working with rainbow communities. This work was in partnership with the Rainbow Violence Prevention Network and funded by Te Puna Aonui.



We partnered with the New Zealand Police to deliver workshops to bar and hotel staff with the Don't Guess the Yes campaign. This workshop ensures bar and hospitality staff have the skills to support patrons who may experience sexual harassment or violence and know how to step in safely if needed. These workshops have been supported by Auckland Council.

- It has given me more awareness of situations and how to approach and defuse difficult scenarios
- Good training explained well and very engaging

We hosted a showing of The Lie – the Grace Millane story followed by a panel MCed by Hadley Taylor with Debbi Tohill and Detective Inspector Scott Beard.



We met with the Inspirasi students who are working in their communities in Indonesia on topics of sexual violence and family violence. Inspirasi is a capacity building programme for emerging young civil leaders in Indonesia to grow their knowledge, skills and confidence.

We presented the Rainbow Best Practice guidelines to The Sexuality Information Network (SIN) which is attended by Public Health Nurses, Sexuality Educators, community workers and other organisations.

We contributed to Le Va's community participation workshop.

Professional development trainings on sexual violence prevention and dealing with disclosures have been provided

including Heart, Youthline, Ma Te Huruuru, Auckland Council frontline staff, Future Skills, University of Auckland medical students and New Zealand Police and several community groups and schools including teachers, nurses, counsellors and other school staff.

- Facilitator was great, loved her presentation and that she was so knowledgeable and was able to share her experiences with us. Thank you!!
- Great presenter, great workshop!
- Great presentation. I have had several trainings about this over the course of my career and thus is the best one so far. Very clear and engaging.
- Life experience from kaiako really enhanced my understanding of this topic and how to manage these things.



Goal Three:

We are innovative in developing current and new workstreams to secure opportunities for our sustainability

As the Government's national strategy for Family Violence and Sexual Violence Te Aorerekura beds in, RPE has been eager to take up new opportunities to grow and develop current and new workstreams.

We partnered with Auckland HELP and Curative to respond to an ACC tender to develop resources for child sexual abuse. This project became a learning experience for ACC and its evaluation partners, Litmus, and the other organisations involved. Our final product "The Courage Club" launched in October 2023, a series of podcasts hosted by Emily Writes on parents' experiences with children with disabilities. (Action 36)

We have been pleased to enter a partnership with Shine to deliver workshops to frontline court staff. Our two Lead educators have passed Shine accreditation to deliver these workshops (Action ?).



We continued to deliver a series of workshops in Auckland for Family Start providers (Action 32). These entry level workshops focussed on understanding sexual violence, recognising child abuse and how to respond. Workshops were delivered in Hastings, Lower Hutt, Taupo, Tokoroa and Gisborne with teams from over 12 organisations attending.

- Very good lots of useful information. Liked that it was personal and life experiences rather than reading for a slide show or computer. Thank you very much x

- Amazing learning, I feel far better informed about sexual violence.
- Clear messaging, videos used effective to support learning - also valuable resources to share with whanau to reinforce education shared and responding to disclosures
- Very relevant to our mahi with whanau, I appreciated not being given loads of hand outs, and what I will remember are the stories that you shared
- I will now be more intentional in my work with whanau who are impacted by sexual violence

ACTIVITY	2024 # of people	2023 # of people
Delivery of BodySafe Programme to secondary schools	4489	3411
Delivery of BodySafe Alternative Education Centres/Teen Parent Units	394	221
Delivery of ACC Mates and Dates Programme (cancelled Dec 2022)	0	802
Delivery of Professional Education Programmes	509	267
Delivery of Programmes in Tertiary settings	636	352
Information & Referrals – Survivors	20	25
TOTAL	6048	4913

Goal Four:

We ensure a safe, inclusive and learning environment for our staff

Thanks to the Board

Mereana Te Pere & Bevan Chuang, Co-Chairs

Melanie Beres,
Treasurer

Suzi Gallagher,
Secretary

Laverne Robinson,
Chair from October 2023

Charlotte Trevella,
Secretary from October 2023

Chillion Sanerivi,
Treasurer from June 2024

Cathy McKenzie

Nalini Dutt

Siobhan Patia.



The RPE Board are an important part of the team, providing governance and oversight of our organisation. This year has seen changes on the Board, and we want to acknowledge the contribution made by our Co-Chairs, Bevan Chuang and Mereana Te Pere and our Board Treasurer Melanie Beres who have resigned.

Thanks to Laverne Robinson for stepping into the Chair role and to Charlotte Trevella for her support as Secretary. We are very pleased to welcome new board members Cathy McKenzie, Chillion Sanerivi, Nalini Dutt, Siobhan Patia.

We achieved Level 3 Social Sector Accreditation

Upskilling our staff is very important and we have had a strong focus on internal trainings to Staff have benefited from regular staff trainings with external providers from Inside Out, Health Promotion Forum, Safe to Talk and Netsafe, as well as several inhouse trainings. With the review of BodySafe there has been significant Professional development for the team to ensure they are prepared and confident to deliver the new content.

External trainings have included Treaty training and a workshop with Safe.

Our Strategic Goals (Te Tiriti o Waitangi) include Kawanatanga/Governance, Tino Rangatira/Maori self-determination and Oritetanga/Equity. We are working towards ensuring that these goals are included in all our work, that we are developing relationships with Maori organisations and iwi and wherever possible, offering our services to support others. Staff training is an important part of our commitment to these goals.

We are grateful for the support of our government funders including the Ministry of Health and Oranga Tamariki for their ongoing support of the BodySafe programme and enabling us to do wider community initiatives. We also acknowledge the huge support that we have received from philanthropic, community and gaming trust to meet the increased demand of our Bodysafe Programme for high decile schools.

We thank our Kaumatua, Papa Fred Hollaway and his wife Whaea Marlene for their support with mihi whakatau for all new staff and board members and blessing our premises in Carr Road.

We are very pleased to report a surplus this year.

BODYSAFE

TiakiTinana

Our main Programme Delivery is our Programme for secondary school students. Following insights from the literature review and focus groups including schools and our own staff in the first half of 2023, the BodySafe Tiaki Tinana programme has been reviewed and updated to include a greater focus on meeting the needs of high priority learners, particularly rangatahi Māori, Pasifika students and Rainbow communities. There has been a shift in content to ensure a greater focus on harmful gender norms, greater integration of online harm throughout the programme and strengthening the facilitation style.

We worked with Point Associates to undertake a developmental evaluation of the pilot which included focus groups with three of the pilot classes and interviews by phone or email with classroom teachers. A fourth class was included in the pilot but not in the external evaluation due to funding limitations, a focus group with students from that class was run by RPE staff not involved in delivery of content in that school.

We are excited to roll out the updated BodySafe Tiaki Tinana programme across all mainstream schools in 2024.

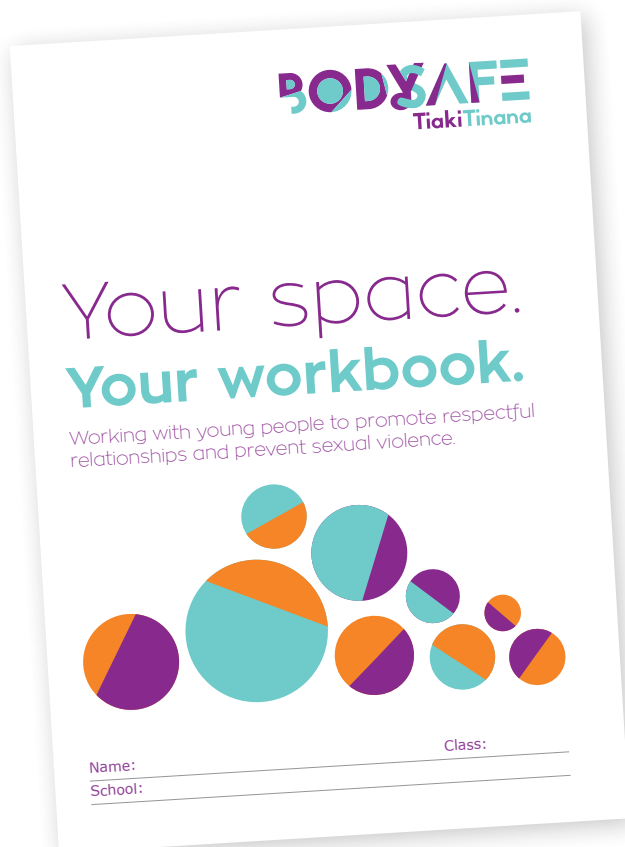
This includes a new integrated workbook for participants and updating the pamphlet for students with help seeking information.

Changes to the programme include:

- Opening and closing lessons with karakia
- Supporting staff to use more Te Reo Māori and including more Māori kupu in resources and programme materials
- More information on digital environments woven through the programme
- Increased focus on the drivers of sexual violence rigid and harmful gender norms
- Introduction of the Four Ds model for bystander intervention (Distract, Delay, Delegate and Direct) with scenarios highlighting a broader range of harmful scenarios more common for students in Year 10.

As part of our evaluation of the programme last year we also identified the need to strengthen our evaluation processes and have streamlined our student evaluation forms to have fewer questions to align with best practice and support more thoughtful responses to each question. We are producing the evaluation report inhouse and plan to run student focus groups in the second half of 2024, enabling us to capture longer term impacts.

Throughout this period our team have noticed a concerning increase in harmful attitudes and beliefs among some students. While these behaviours have always been present and are still a minority they are being expressed more freely by more students and in some instances have included extreme and violent statements such as “trans people should all be taken out and shot”. The increased focus on addressing rape culture and the drivers of violence in the programme is also creating more opportunities to critically reflect on and challenge these attitudes. While important work, this can create challenges for our facilitators and can challenge the thinking of students who hold these violence supportive beliefs.



Evaluation Report



July 2023 - June 2024

The BodySafe Tiaki Tinana programme aims to prevent sexual violence by working with young people

Overall Participation

4883

Students from 17 schools and 14 Alternate Education Centres have successfully completed BodySafe Tiaki Tinana in 2024

Participates feedback

85%

The BodySafe educators made me feel safe during the programme

75%

I now feel confident about helping someone who has experienced sexual violence

78%

I would recommend the BodySafe programme to others students/schools

What students said they learned during BodySafe:

“What sexual violence is and how to find help when you feel afraid or concerned. How to build a healthy relationship.”

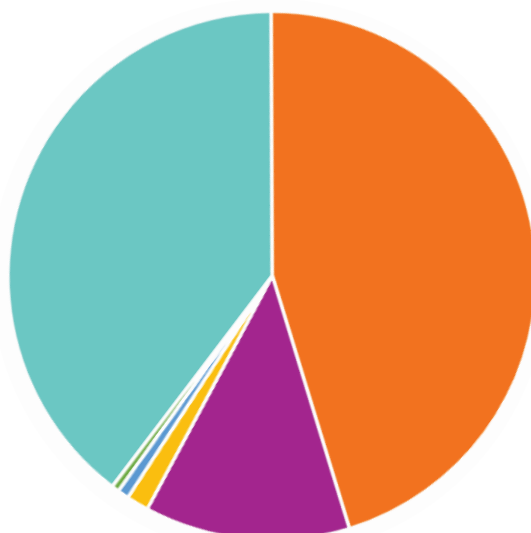
“How to identify consent. I didn’t realise you had to confirm it if someone had said yes some time ago - I didn’t realise power played a part too.”

“BodySafe have really embedded what is right and what is not right in a relationship. Consent is now a very clear concept to me. Thank you :)”

“It was interesting and I was happy that my class now knows about sexual violence. It makes me feel a bit safer. I liked learning how to help.”

“Help is everywhere. Don’t be afraid to ask for help. Help is not a sign that you are weak but rather courageous :) Thank you BodySafe.”

“That consent is a free agreement and you can change your mind at anytime.”



I have learnt skills that will help me behave respectfully in my relationships

- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree
- No Answer

Voices of Our Stakeholders

BodySafe School Staff

"Loved it! Loved the changes you've made re culturally responsiveness and use of workbooks."

"The girls felt a sense of importance to this topic and recognised the need to take this seriously. Whilst giggly at times, they respected the activities."

"Some great ideas covered. At times the questioning challenged ideas critically, helpful towards their behaviour. Lesson 4 scenarios application good."

"Fantastic delivery, the girls really enjoyed you guys! The safety online and power imbalance content is crucial."

BodySafe Participants

"The most important thing I have learned from this programme is about relationships, boundaries, communication and acting."

"Consent, consent, consent, safety, safety, safety. Respect! I strongly recommend BodySafe, they have been amazing! God bless you! Thank you!"

"Everyone deserves to be safe and feel comfortable with their own relationships. We should respect each other and know our worth and values."

"That sexual violence shouldn't be a taboo and hidden away. It should be discussed to spread awareness and help survivors."

"You should only do what you want and not what other people want you to do."

"I feel everything I have been taught was important from consent, communication, genders and much more."

"I learned a lot of skills that helped me a lot, many thanks to BodySafe :)"

"The programme created a safe space where we could discuss, reinforce, and reiterate these issues."

"That I'm not alone if I ever experience something traumatic. That there's people out there who care and people out there that would help me in times of need."

"This helped me realise how me and my boyfriend shall bring up talk and what our relationship is like, not toxic. I loved bodysafe please come back!!!!"

"The 4 keys of consent, ask, listen, respect, and check in. The bodysafe also taught me what to do in certain situations."

Alternative Education Staff

"Fresh, dynamic, captivating."

"Amazing. Clearly explained, taught, communicated. As a staff member I have learnt so much which I'm very grateful for to use in practice of Health and Safety."

"The bodysafe program (team) are very professional and deliver content at a level that my students understand."

"It helped make the class aware and conscious of aspects of sexuality they had not thought of."

"The content is up to date on issues these students are dealing with."

"I highly recommend this programme to everyone."

Alternative Education Participants

"How to be safe around sexual things."

"That when you're drunk it is not good to have sex."

"How consent works and when you can or can't consent."

"That most things people do ain't okay and that we've got people to talk to about things."

"Violence isn't the answer and to be safe and speak up."

"Not to ignore drunk people getting hit on."

"To have an enthusiastic yes."

Young Parent Units

"I have learnt how to be more open and honest about sexual conversations regarding my children, also learnt about putting healthy boundaries in place."

"From my head to my toes, I'm in control. I'm in control of my body and what I consent to and what I don't. There's lots of different sexual violence and I know what that all is now."

"Approaching sexual topics with children."

"I have learnt different ways of making sure my child feels safe with me and knows his body well and takes care of it safely."





Our Staff

Staff

Executive Director,
Debbi Tohill

Operations Manager,
Ashiana Shah

Programme Development Lead,
Lesley-Ann Guild

Project Initiative Lead,
Hadley Taylor

Community Development Lead,
Emma Barker-Clarke

Programme Coordinator,
Sera Elliott

Lead Educators

Sylvia Bellingham

Julia Puckle

Casual Educators

Renee Annan

Sam Bunkall

Kathy Lowe

Christy Perkinson

Tashina Whaanga

Alejandra Aristizabal

Ella Edward

Kirsty Cochrane

Daniel Goodwin

Gurleen Minhas

Ulysse Nicolo

Ngaio Simmons

Huiming Wu

Nishhza Thiruselvam

Alistair Thomas

Anoushka Maharaj

Milly Taylor

Imogen Roberts

Jasmine Gray

Jeanne Wilson

Lauren Carr-Harris

Mary Coulton

Maxine Gray

Millie Turton

Our Funders

Auckland Council

Auckland Council Albert Eden
Accommodation Support

Auckland Council Waiheke Local
Board

Department of Internal Affairs –
Community Organisations Grants
Scheme

Dragon Community Trust

Foundation North

Four Winds Foundation

John Illott Charitable Trust

Oranga Tamariki

Lottery Auckland Community

The Lion Foundation

Te Whatu Ora Health New Zealand

The North & South Trust Limited

The Trusts Community Foundation

Trillian Trust

University of Auckland

Presbyterian Support (Northen) Shine

Donors

1. Will Howard

2. NN Woodhead

3. I Harcourt

4. Cleo Gilmour

5. Plumb Theatre

6. Entertainment Publications

7. Warner Bros – TVNZ's Great Kiwi
Bake Off

8. Several donors through Givealittle
page

Our Financials



Profit & Loss

Rape Prevention Education

For the 12 months ended 30 June 2024

\$000's	
Total Income	896
Total Expenses	(88)
Net Profit	(8)

Balance Sheet

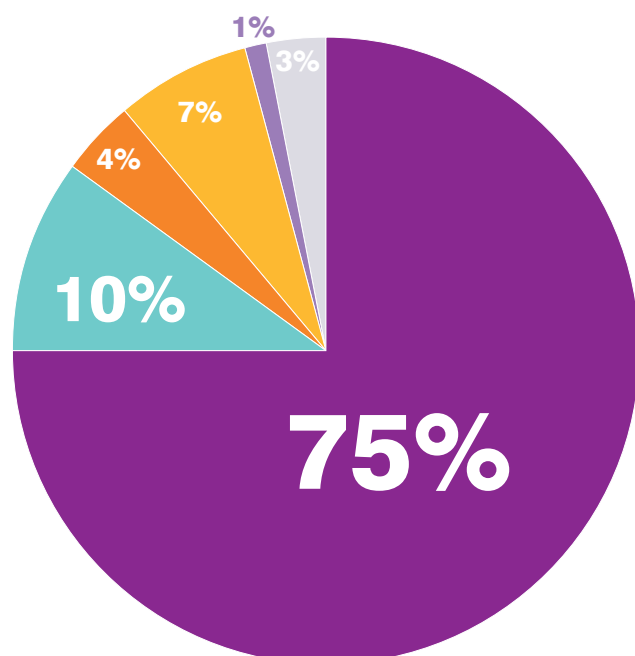
Rape Prevention Education

As at 30 June 2024

\$000's	
Total Assets	612
Total Liabilities	(468)
Net Assets	144

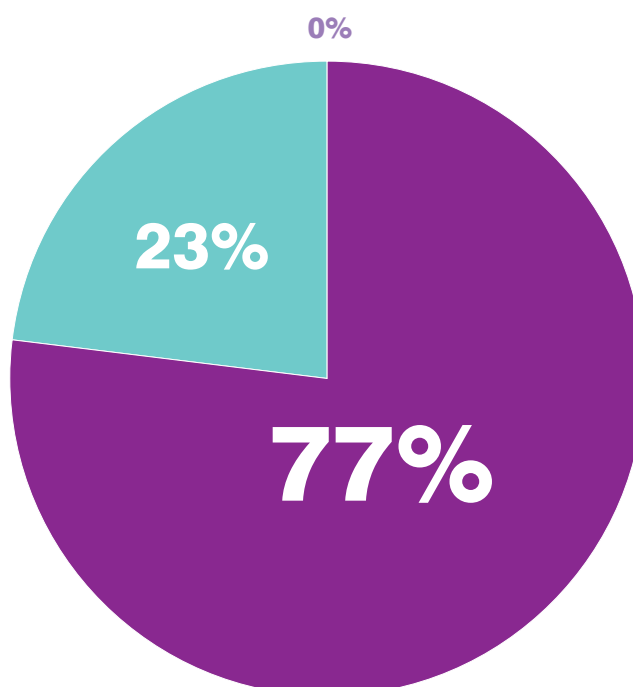
Income by category

- Government contracts
- Trust grants
- Training income
- Fee for Services
- Donations
- Other income



Expense by category

- Volunteer & employee cost
- Costs related to providing service
- Other expenses





Rape
Prevention
Education

Whakatū Mauri Trust

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