It made me realise I’m not weird or different. There are others who have been through what I’ve been through and I’ll get through this

- DAUGHTER
Jointly developed by SAFE, HELP and Rape Prevention Education, The Harbour is a new website for anyone affected by sexual abuse or offending, their families and whānau.

This website offers a point of hope for people living the ripple effects of harmful sexual behaviour. Whether you are being harmed, worried about your own behaviour, or worried about someone, The Harbour is a safe place for you to find support.

www.theharbour.org.nz

Many thanks to the Lottery Grants Board