

Annual Report

2013 - 2014



Rape
Prevention
Education

RAPE CRISIS AUCKLAND INCORPORATED
WHAKATU MAURI



Working together to end sexual violence

Rape Prevention Education—Whakatu Mauri

Our Vision

Communities are free of sexual violence; people enjoy respectful relationships and sexuality free of pressure, coercion, harm or violence.

Our Values

Our core values are endorsed and practiced by our board, staff members and partners:

We are: Professional
Compassionate
Innovative
Balanced
Courageous

Statement of Purpose

Rape Prevention Education Whakatu Mauri (RPE) works in the greater Auckland area and nationally to prevent sexual violence through:

- Promoting respectful sexual relationships by delivering health promotion and prevention programmes via education and other activities
- Influencing policy and systems to support all those affected by sexual violence
- Research and evaluation.



CHAIR REPORT

It has been a busy and exciting year for Rape Prevention Education – Whakatu Mauri with many highlights.

We continually work to improve our organisation and support our staff. This year we have been fortunate to be supported with the Ministry of Social Development’s Investing in Services for Outcomes mentors to strengthen the infrastructure of the organisation and develop our capacity and capability.

We have also actively recruited new board members who bring a wealth of experience in a number of key areas.

We have celebrated our Executive Director, Dr Kim McGregor, being honoured with a Companion of the Queen’s Service Order. This is a worthy recognition for Kim for her commitment to the elimination of sexual violence and one our whole sector can be proud of.

It has been a big year for Louise Nicholas, our National Sexual Violence Survivor Advocate, with the launch of the ‘Louise Nicholas Day’, the release of her book ‘Louise Nicholas - My Story’ and the very well received TV movie ‘Consent’.

We were pleased to sign a further three year contract with the Ministry of Health for the delivery of the ‘BodySafe’ programme and we have worked closely with ACC delivering a pilot of the new ‘Mates and Dates’ programme which has been very well received.

We have completed our youth focused videos which highlight safe bystander

interventions that young people can consider when witnessing potential sexual assault and some of the complexities for young people when negotiating consent in a sexual relationship.

It has been my pleasure to rejoin the Board of Rape Prevention Education as Chair. I look forward to having an active role in shaping the future direction of the agency to ensure Rape Prevention Education continues its key role in eliminating sexual violence in Aotearoa New Zealand. We are committed to creating a safer environment for all New Zealanders and our Strategic Plan for 2014-2017 demonstrates commitment to continue to remain integrated, connected, and aligned with our long-term direction and focus.

I would like to take this opportunity to acknowledge the very valued support of all our funders, partners, supporters, staff and volunteers who are all integral to our work.

Debbi Tohill

Chair—Rape Prevention Education



EXECUTIVE DIRECTOR'S REPORT

Nga mihi kia koutou



Overall, 2013-14 has been an amazingly productive year for Rape Prevention Education—Whakatu Mauri.

Our themes have been celebrating, influencing and strengthening.

This year I would like to thank my highly experienced new Board, including Debbi Tohill who has returned to the Chair's role and my leadership team for working alongside me to steer our agency through yet another challenging and intensely busy year.

I would also like to warmly thank our creative team of hard working educators and our National Sexual Violence Survivor Advocate, Louise Nicholas, who between them make up the engine room of RPE. This team goes out into schools and communities to share information, training and support to further the organisation's overall goal of eliminating sexual violence and promoting respectful relationships.

It is appropriate also to acknowledge the extensive team of expert mentors and supervisors who have worked with us to help strengthen our organisation this year.

As well as delivering over 400 modules of RPE's BodySafe programme to over 3,500 students, this year RPE:

- Began an 18-month whole school approach pilot working with one school in the 'BodySafe School Collaboration' project
- Commissioned a literature review to explore the most efficient and effective ways to provide sexual violence prevention education
- Surveyed sector partners' strategies to deliver sexual violence prevention programmes and initiatives in high schools
- Updated our 'Sex'n'Respect' booklet and printed 10,000 copies to be distributed to BodySafe classes over the next two years

- Provided free 'Dealing with Disclosures' seminars throughout the country
- Provided professional education training to a range of youth focused agencies, universities and counselling organisations
- Launched our RPE Facebook page attracting almost 500 Likes - with some posts attracting over 1,000 views
- Developed two specialist sexual violence prevention videos for young people.

RPE's 'Bystanders – The Action Movie' was featured in the 'Are You That Someone' campaign that was launched at RPE by the Minister for Social Development.

Celebrations for RPE this year included:

- Launching the inaugural Louise Nicholas Day
- Hosting the successful launch of Louise's book, 'Louise Nicholas - My Story'
- Launching Louise's movie 'Consent - the Louise Nicholas story' alongside the Minister of Justice, the Police Commissioner, and ACC at the Beehive - prior to its public release on TVNZ.

In terms of influencing, during the year RPE staff:

- provided written and oral submissions to the 'Social Services Select Committee Inquiry into Funding of Sexual Violence Services'
- were invited to speak in Parliament at the 'Leading Justice Symposium', opened by the Prime Minister and
- were invited to the Minister of Social Development's Press Conference in Christchurch to speak beside her as she announced \$10.4 million to stabilise the specialist sexual violence intervention sector over the next two years.

The end of 2013 heralded an unprecedented, heated, public debate that raged intensely over a six week period when the so called 'Roast Busters' case came to light. During those six weeks RPE provided approximately 70 TV, radio, and news print media interviews and provided speakers at the huge 700-1000 strong 'Bust Rape Culture' protest in Auckland.

Throughout the year, RPE was pleased to provide representation in ACC's 'Mates and Dates' Advisory Group to assist with the development of their national high school sexual violence prevention programme, and to be a part of delivering the pilot.

To strengthen the agency, this year RPE was able to benefit from the Ministry of Social Development's 'Investing in Services for Outcomes' fund. With a range of mentors, the staff and Board began a 12-month work programme to strengthen all levels of the agency from reviewing the Constitution and the Strategic Plan, developing an agency wide monitoring and evaluation framework, and working with Kaumatua to further develop the agency's cultural competency, safety and responsiveness.

Korowai Tumanako completed the Rangatahi Project pilot by rolling out Kaupapa Maori specialist sexual violence prevention education training and programmes to Principals, teachers, school support staff, Rangatahi and whanau in five schools and alternative education centres.

Our final thanks go to our funders, supporters, partners, colleagues and friends. We look forward to working with you all as we all strive for the same goal of eliminating sexual violence.

Mauri ora ki a tatou
Dr Kim McGregor



RAPE PREVENTION EDUCATION DELIVERIES

16000+

People accessed RPE's two specialist websites: RPE and Sex'n'Respect

700+

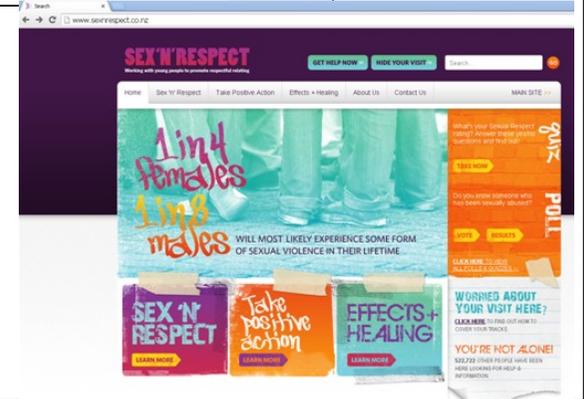
People were reached by the National Survivor Advocate through one to one and seminars & trainings

500+

People received Professional Education Training

3500+

Young People were reached in 15 schools and Alt Ed centres by RPE's Programmes Team



National Sexual Violence Survivor Advocate



As the National Sexual Violence Survivor Advocate, Louise Nicholas provides support to victims/survivors and their families through her work with RPE. She works with a range of other specialist community, sector, and government agencies to mobilise appropriate support for those affected by sexual violence.

Louise has a unique and important role, especially in assisting victim/survivors through the criminal justice system, and helping them access the support they need. In the past twelve months, Louise has been able to reach approximately 700 people through face to face meetings and speaking at seminars and hui. In her work throughout the country, many victim/survivors of sexual violence have reported to her some of their difficulties and frustrations accessing appropriate supports with the capacity to assist them and their families.

Many of the people who have benefited from Louise's support have identified her as the only specialist person they were able to contact. Due to her work at a national level, Louise frequently acts as a bridge, linking available support services with the people who need them.

This year has been a particularly eventful year for Louise and RPE thanks the Ministry of Justice Victim Centre for its support of Louise's important role. Alongside RPE, this year Louise helped to launch the inaugural Louise Nicholas Day to be held on the 31st of March each year.

This year also saw Louise launch the new edition of her book 'Louise Nicholas: My Story' that includes a description of her work in her role with RPE. The book launch was a fantastic event with guests including Superintendent Tusha Penny from the New Zealand Police, Heather Henare from Women's Refuge and many more.



Her powerful movie, 'Consent: The Louise Nicholas Story', was launched at the Beehive with speeches from the Minister of Justice, Louise Nicholas and Dr Kim McGregor from RPE, the movie's Producer, Steven O'Meagher, and the Police. The movie was later aired on TV One and was seen by over 305, 000 people—the most viewed in its time slot.

“Louise Nicholas is such a remarkable and courageous woman. ... fellow survivors, RPE ...indeed New Zealand are very lucky to have such a gem, who is performing such an important, invaluable, ...vital survivor advocacy role”

“Survivor”

Rape Prevention Education—Whakatu Mauri Inaugural Louise Nicholas Day

In March 2014, Rape Prevention Education—Whakatu Mauri launched the inaugural Louise Nicholas Day at the Grey Lynn Library Hall, in Grey Lynn, Auckland.

The first Louise Nicholas Day aimed to review improvements to services and criminal justice responses to those affected by sexual violence marking the date of the acquittals (31st March 2006) of two former NZ Police officers and the then Assistant Police Commissioner accused of the rapes of Louise Nicholas in the 1980s.

The inaugural Louise Nicholas Day event included speeches from specialists within the sexual violence intervention sector, as well as members of parliament speaking about their plans for improving service delivery and the state of criminal justice responses to those affected by sexual violence.

Some of the short and long term goals to improve responses to those affected by sexual violence were as follows:

- To rebuild capacity and gaps in infrastructure of specialist services - especially in regards to primary prevention and frontline survivor services to a minimum of \$10 million this year and then increased annually in a staged approach.
- A comprehensive five to ten-year plan of action on sexual violence, agreed to across political parties, to implement the Taskforce for Action on Sexual Violence (July 2009) recommendations.
- Easy access to fully funded specialist trained sexual violence services throughout the country.
- Specialist courts for crimes of sexual violence.
- Resourcing for Kaupapa Maori approaches.
- Resources for offender treatment groups and more independent specialist survivor advocates to coordinate interventions to sexual violence.
- To build trust and confidence in NZ Police force.
- National consistency in Police policy and in access to specialist sexual violence services in all parts of New Zealand.

- Police-owned recommendations from the Taskforce for Action on Sexual Violence to be implemented by March 2015.
- Establishing a whole-of-government approach to sexual violence with a central resourcing body.
- Review and reform the criminal justice system to make it easier for survivors to seek justice.



Speakers included (from left) Jan Logie (Greens), Alfred Ngaro (National), Dr Kim McGregor, Louise Nicholas, Carol Beaumont (Labour), Tusha Penny (Police) and Russell Smith (Korowai Tumanako).

These goals were supported by a majority of participants who attended the launch of Louise Nicholas Day.

We envision the Louise Nicholas Day becoming a key annual event in Aotearoa New Zealand, acknowledging the huge numbers of people and families affected by sexual violence, reflecting on progress in services and justice responses and identifying areas for growth in the years ahead.

BodySafe Video Project

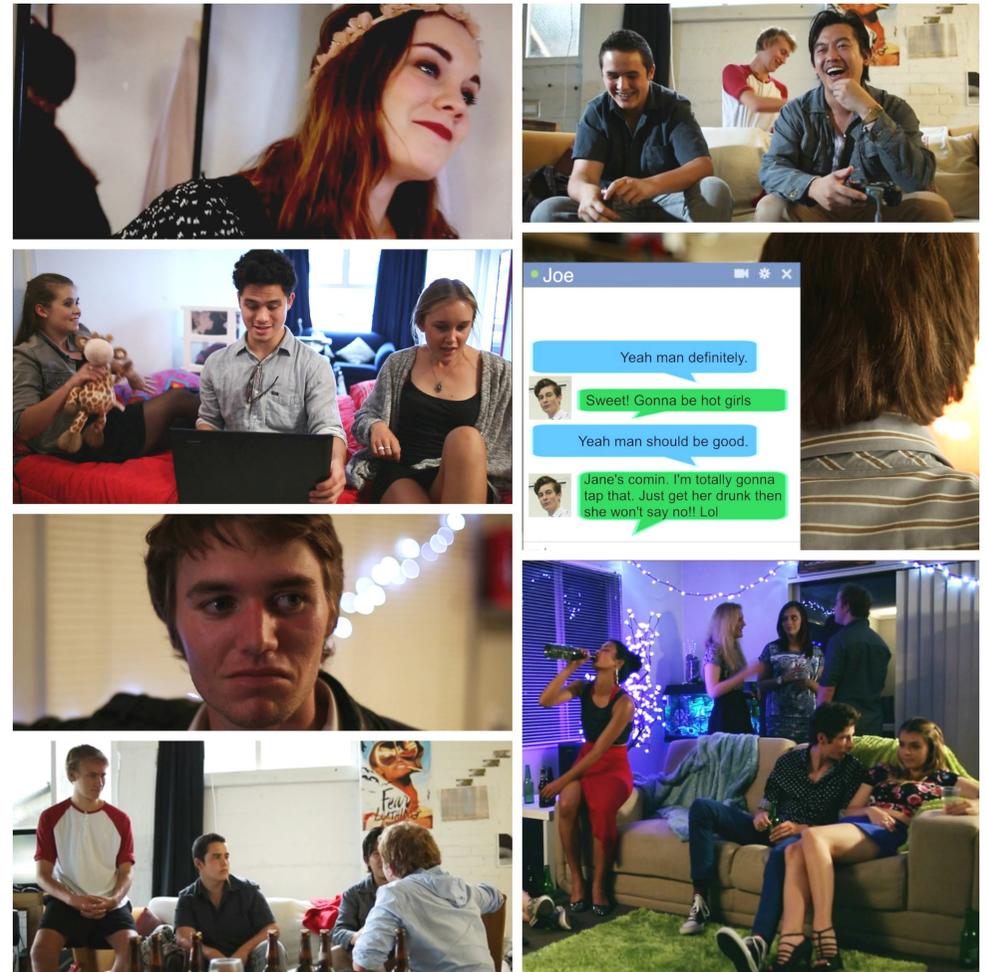
Evaluations by students have frequently included requests for video resources in the delivery of the BodySafe programme. This year the team at Rape Prevention Education was able to dedicate time and resources into making those student requests a reality.

The team at RPE was able to produce two videos: 'Bystanders—The Action Movie' and 'Let's Talk About Consent'. These videos have been integrated into the BodySafe programme when the modules focus on safe bystander interventions and respectful relationships and how to negotiate consent in a sexual relationship.

In order to develop these videos, RPE recruited an expert youth advisory group to offer advice about which themes and messages were most relevant to young people. We would like to thank the team from RPE that worked on writing, developing and editing the scripts—especially the writers Sam Bunkall, Shadon Meredith and James Kupa. We would also like to thank the Director Allan Morrison, Lissandra Leite who recruited and cast the actors, and the talented cast and crew who helped to produce these videos. Thanks also go to Ashiana Shah for allowing the party scene to be filmed in her home! In addition thanks must go to the schools and sector who supported the production of these videos.

RPE is extremely grateful to the Ministry of Social Development's—It's Not Ok Campaign team for providing the financial support to produce these video resources and for supporting the promotion of the YouTube version of the 'Bystanders—The Action Movie' through the 'Are You That Someone' bystander intervention campaign. Student feedback on these new videos has been extremely positive.

You can access 'Bystanders the Action Movie' at <http://www.youtube.com/watch?v=mz49UnZSj8c>



Stills of the BodySafe videos:

Bystanders—The Action Movie and Let's Talk About Consent

Professional Education

Each year as part of its on-going commitment to work towards promoting a well-informed workforce, RPE provides its 'Dealing with Disclosures' (DWD) training to a wide range of community, police, justice, and tertiary professionals, as well as counsellors and others working with youth. In 2014, a roadshow of DWD seminars was trialed.



Some of the attendees of Auckland's Dealing with Disclosures seminar on the 26th of June 2014.

With support from Victim Centre (Ministry of Justice), Dr Kim McGregor and Louise Nicholas from Rape Prevention Education, partnered with Ken Clearwater from Male Survivors of Sexual Violence Trust and Russell Smith from Korowai Tumanako to deliver six full day seminars that provided participants with relevant information about sexual violence issues including: the prevention of sexual violence, prevalence, dynamics and effects, issues for males survivors, ways to deal with harmful sexual behaviour, and responses from services.

The first series of seminars were delivered in Kaitaia, Whangarei and Auckland and were hugely successful. Three more seminars will be delivered in Christchurch, Westport and Nelson.



Clockwise from top left: Louise Nicholas speaking at DWD workshop, professionals at a DWD workshop, Ken Clearwater speaking at Auckland's DWD workshop, Russell Smith speaking at a DWD workshop.

Rangatahi Project



In 2014 the pilot Rangatahi sexual violence prevention project was completed by Korowai Tumanako who delivered trainings to a range of Kura Kaupapa Maori, secondary schools, alternative education units, and teen parent units throughout Tamaki Makaurau. The project was supported by an impressive Maori Advisory Group: Dr Fiona Cram, Dr Marewa Glover and Moana Eruera

The Rangatahi pilot project had a whole school approach to sexual violence prevention, through beginning the training programme by working first with school Principals, Boards of Trustees, teaching and supporting staff, *before* providing education to Rangatahi.

Training with school personnel included environmental safety, adult safety, Rangatahi and adult development, safety of children, reviewing and strengthening school policies and procedures such as screening staff, identifying safe boundaries, dealing with disclosures of sexual violence, and referring to appropriate specialist support agencies.

The Rangatahi workshops were based on Maori principles of health and wellbeing including Te Whare Tapa Wha consisting of four related elements contributing to holistic wellbeing: Wairua (spiritual), Hinengaro (mental), Tinana (physical), and Whanau (family). These four aspects were divided into modules delivered to Rangatahi.



The Rangatahi pilot project included establishing a shared understanding of Tikanga and its use in sexual violence prevention, and providing schools with the support they needed to continue to develop and apply their own prevention strategies after the Rangatahi sexual violence prevention pilot project had been completed.

Youth Team

BodySafe and Sex'n'Respect are two key RPE youth programmes that aim to prevent sexual violence within adolescent populations. From July 2013 to June 2014, a total of 418 BodySafe workshops were delivered in 15 different secondary schools within the Auckland area reaching 3763 young people. Additional workshops were run with youth in an alternative education setting.

Between 2012 and 2014, of students who completed BodySafe evaluations:

- 94% agreed or strongly agreed that BodySafe had helped them to increase their knowledge of sexual violence
- 89% of students reported that they felt confident about asking for help about sexual violence
- 88% agreed or strongly agreed that their knowledge of talking about sexual consent has increased as a result of participating in the BodySafe programme.

Our specialist trained 'BodySafe' and 'Sex'n'Respect' programme educators bring along diverse skills and backgrounds that support a range of teaching methods including the use of artistic and theatre-based activities.

To maintain a high quality of teaching, all RPE educators receive on-going training sessions throughout the year.

RPE educators continue to collaborate with other health providers including: HELP, SAFE Network, Te Kaha O Te Rangatahi Trust, Family Planning, Village Collective, Auckland Sexual Health, Rainbow Youth, CAYAD and the Sexuality Information Network. These collaborations have provided opportunities to share information and expertise and have enhanced ongoing relationships.

Comments from students:

"I thought the Bodysafe programme was awesome they made everyone feel comfortable and helped us keep safe. You are all amazing! Keep doing what you're doing =)"

"It was an amazing experience learning. Loved how innovative you all were. Thank you :)"

"It was amazing, 10/10 well done"



BodySafe School Collaboration

The team at Rape Prevention Education are currently working closely with an Auckland high school to pilot a whole school approach to preventing sexual violence. This project is an extension to the BodySafe programme that has been delivered in Auckland high schools for over a decade.

The BodySafe School Collaboration (BSC) pilot is a collective and collaborative project led by the school in partnership with RPE. The main aim of the BSC pilot is to explore means to building a supportive school environment that promotes positive social norms and relating.

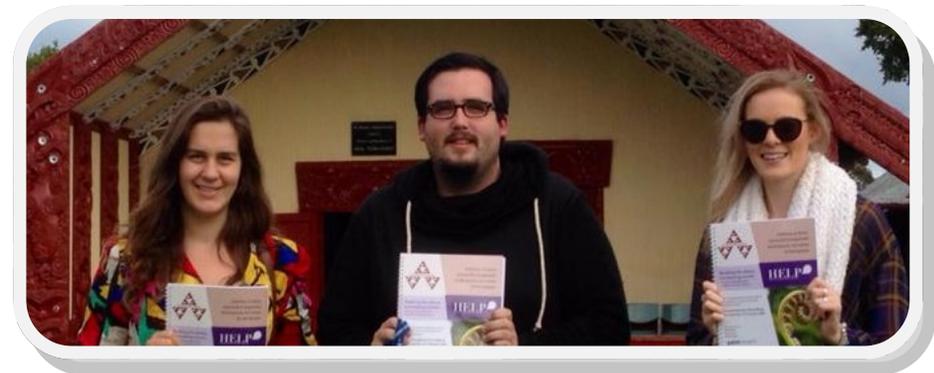
The BSC pilot is an 18 month project that commenced in January 2014 and will be implemented over three phases. The first phase of the project has been very successful with over 250 parents/guardians, students, staff and local community organisation participating. This phase involved building relationships within the school, setting up an advisory and a working group, as well as utilising the Community Readiness Model to assess the readiness of the school community to engage in prevention efforts. A Community Readiness assessments was carried out through online surveys and focus groups with students, staff and parents/guardians.

The second phase entails facilitating members of the school in the development of interventions to address the needs and concerns that the school community had identified in the initial phase. The final phase will see the implementation of the activities developed by the school community. The BSC pilot working group endeavours to utilise a participatory approach in their work.

Rape Prevention Education would like to thank the Ministry of Justice for helping make this project a possibility and the Accident Compensation Corporation for supporting the evaluation of the project.

We are also very grateful for the advice and guidance provided by all partner agencies and individuals who are supporting this project.

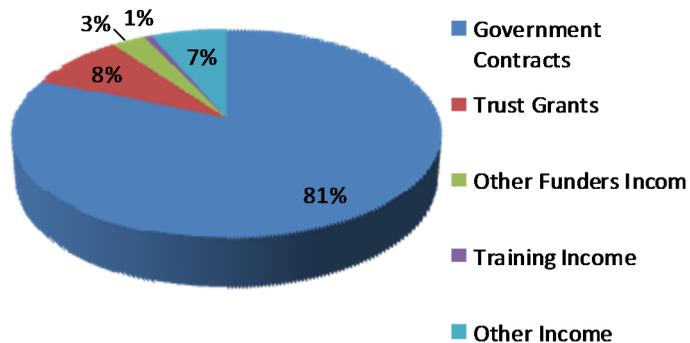
Outreach of RPE Services in Auckland



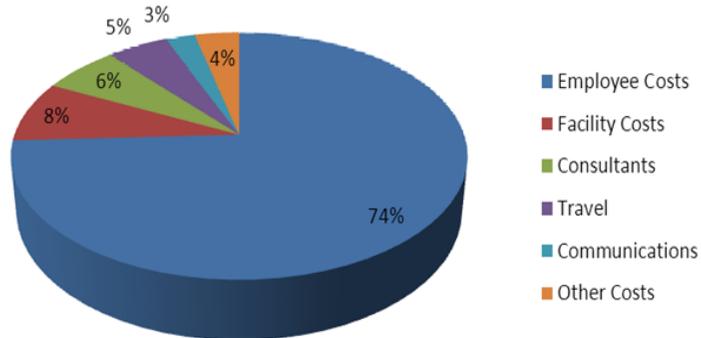
Financial Reports

Income and Expenditure Summary

Income By Category



Expense By Category



Supporters

The staff at RPE would warmly like to thank the businesses, agencies and individuals who have supplied services and support, financially and in-kind. Specifically:

- | | |
|--|--|
| Accident Compensation Corporation | Pacific Women's Watch |
| AIM HI (Alt Ed health education) | Participating Auckland Secondary Schools and Alternative Education Centres |
| Allan Morrison | People First |
| Aluka Consultancy | PDQ Printers |
| Ara Taiohi | Police Child Abuse Team |
| ASB Trust | Protect Self Defence |
| Attitude—Youth Division of Parent Inc. | Rainbow Youth |
| Auckland Council | REAP Kaitia |
| Auckland Energy Consumer Trust | SAFE Network |
| Auckland Sexual Health Services | Sandi Anderson |
| Auckland Women's Centre | SHINE |
| CAPS Hauraki | Sexual Health Network |
| Countdown Supermarket | SPINZ |
| Counselling Services Centre | Stand Up Programme—Odyssey House Youth Community Services |
| Daniel Wilson | Stop Demand |
| ECPAT New Zealand Inc. | Strive Trust Mangere |
| Family Planning Association | Te Kaha O Te Rangatahi Trust |
| Family Action | THETA—Sexwise |
| Grey Lynn Neighbourhood Law Office | TOAH NNEST |
| HELP | Tu Wahine Trust |
| Hera Pierce | Unitec |
| I. Harcourt | Village Collective |
| It's Not OK Team | Volunteering Auckland |
| Lifeline | Waitemata DHB Public Health |
| Male Survivors of Sexual Abuse Trust | Whangarei Rape Crisis |
| Maori Advisory Group | Women's Health Action |
| Massey University | Women's Refuge |
| Netsafe | Youth Horizon |
| NZ Police | Youth Law |
| NZ Post | Youthline |
| NZ Sexual Health Society | |
| NZ Small Audit | |
| Oncall Consultants | |

Our Funders

And finally, and certainly not least, we at Rape Prevention Education Whakatu Mauri would like to thank all the individual donors for their many contributions and the organisations who have provided generous grants, and contract for service funds:

Accident Compensation Corporation (ACC)
ANZ Bank New Zealand Limited
ASB Community Trust
Auckland Council
COGS Committees (Central/Waitakere/Manukau/Papakura/North Shore)
Countdown Supermarket
JM Thompson Trust
Ministry of Health
Ministry of Justice
Ministry of Social Development - Family and Community Services & Child Youth and Family Services
Pub Charity
New Zealand Lotteries Grants Board
Skycity Auckland Community Trust
Telecom Foundation—Give A Little
The Lion Foundation
TOAH-NNEST

RPE Board and Staff

Chairperson: Debbi Tohill

Treasurer: Paul Prestige

Board Members:

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Gwen Willis

Debbie Wiesehan

Jo Elvidge

Bernadette Murphy

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Savita Naran

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Shadon Meredith

Alyssa Naea

Nigel Peter

Maria Polishchuk

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Harriet Sims

Magenta Thompson

Blessing Kanengoni

Kauia Moriarty

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Korowai Tumanako

Renee Matthews

Volunteers

Karishma Beach

Uma Lamositele

