



Rape Prevention
Education

Whakatu Mauri

**ANNUAL REPORT
2012-2013**

30 Years of Service



Working together to eliminate sexual violence

Vision:

Effectively contributing to creating communities free of sexual violence; where people are enjoying respectful relationships and sexuality free of pressure, coercion, harm or violence.

Mission:

RPE’s mission is to work in relationship with Tangata Whenua and to develop partnerships and evidence-based prevention activities in community services, education, health promotion, research and advocacy that effectively promote respectful relating and eliminate perpetration and experience of sexual violence in Aotearoa, NZ.



Purpose:

Rape Prevention Education (RPE) works in the greater Auckland area and nationally to prevent sexual violence through the delivery of education and health promotion/prevention activities. RPE also provides support and information for those affected by sexual violence through telephone, print and online media.

Where appropriate RPE works with Tangata Whenua and allied health professionals in partnership, to develop community services, education programmes, health promotion, research and advocacy.

Each year RPE provides service to a broad range of audiences and ethnic groups including 5000 young people, community members and professionals.

Our websites also provide information and support and are accessed by at least 16,000 people each year.

Chairperson's Report

Tena koutou katoa

This year Rape Prevention Education Whakatu Mauri marks 30 years of outstanding service and contribution to the effort to eliminate sexual violence from our communities and to create a safer environment for all New Zealanders. Our focus has been to generate new strategies, strengthen existing partnerships and build new ones.

The Board is extremely pleased with the outstanding effort of the Executive Director and her team and their perseverance in maintaining the highest quality of RPE programmes and services.

The Board also acknowledges the hardship faced during the year by the Executive Director and her team in their work to maintain the agency operations and continuity. Restructuring of the agency and confirming the delivery strategy to effectively meet current contracts were the highest priorities. These priorities also meant making difficult decisions and changes that will in time give us the best chance of attaining our goals. We continue to strive to be more integrated, connected, and aligned with our long-term direction and focus.

It has been my pleasure to be on the Board of Rape Prevention Education for the last 3 years, including one year as Chair. As I stand down from the Board this year, I am confident that our current Board will continue to have an active

role in shaping the future direction of the agency to ensure Rape Prevention Education has a key role in eliminating sexual violence in Aotearoa New Zealand.

As the Chair of the Board, I take this opportunity to acknowledge the very valued support of all our funders, partners, supporters, staff and volunteers who work alongside us.

Mauri ora ki a tatou

Matt Dodd—Chair



Executive Director's Report

Nga mihi kia koutou

On the 15th November 2012 we celebrated 30 years from the date the agency was incorporated. Our birthday celebration was attended by many of the women who started the agency all those years ago.

This year was another hugely busy year for the staff in Rape Prevention Education Whakatu Mauri (RPE). Despite difficulties associated with the current economic recession and our reduced capacity, we were pleased with the amount of education, training, information and advocacy services we were able to provide to a wide range of individuals, families/whanau, agencies, schools and community groups.

RPE's specialist sexual violence prevention Youth Team educators worked hard to reach over 5000 young people in 37 schools and alternative education centres in the greater Auckland area through the *BodySafe* programme, the Sex'n'Respect Alternative Education programme, and the Sex'n'Respect Parties programme.

The Professional Education team delivered specialist training to over 700 people throughout the country. Programmes delivered this year included the *Dealing with Disclosures* of sexual violence trainings - tailored to a range of professionals, and the *Safer Communities All Night (SCAN)* trainings focused on helping hospitality staff create safer premises.

RPE's two specialist websites—the RPE site, and Sex'n'Respect site dedicated to



youth —were accessed by approximately 16,000 visitors. This year RPE also contributed to the development of two new specialist websites 'The Harbour' and the Te Ohaakii a Hine National Network Ending Sexual Violence Together (TOAHNNEST) website.

In 2013 Korowai Tumanako began to deliver the Rangatahi programme, that they developed last year, to a range of schools in Tamaki. This project is supported by RPE's Maori Advisory Group (Dr Fiona Cram, Dr Marewa Glover and Moana Eruera) and the evaluation of the project is being carried out by a Massey University evaluation team headed by Dr Shirley Julich.

Louise Nicholas, the National Sexual Violence Survivor Advocate, travelled from Dunedin to Waitangi providing inspiration, training, support, and information to over 700 people. We were delighted this year when the Ministry of Justice rolled over Louise's contract for another three years, enabling Louise to work alongside many government and community agencies such as the Ministry of Justice's Victims Centre, the New Zealand Police, the Accident Compensation Corporation, the Ministry of Women's Affairs, the Ministry of Social Development's 'It's Not OK Campaign', as well as the TOAHNNEST Pae Takawaenga and member agencies, in an effort to improve services for those affected by sexual violence.

Through RPE's information strategy, this year, together Louise and I provided over a hundred of media interviews, and gave many presentations, lectures, talks and seminars throughout the country promoting the need for more resources for prevention, and for specialist services for those affected by sexual violence..

Some notable events we attended included speaking at Professor Jan Jordan's Victoria University's Criminology Department's seminar on sexual violence in Wellington, as well as attending the 'Participatory Justice and Victim's Conference' in Canberra, and the 57th Commission on the Status of Women 'Eliminating Violence Against Women and Girls' at the United Nations in New York.

RPE's strong commitment to contributing to a local and national voice on all issues related to sexual violence has supported me in: eight years as a founding and executive member of Project Restore; eight years as a founding and Executive member helping to develop the bi-cultural national network, TOAHNNEST; four years as the TOAHNNEST Taiwi Caucus Chair

- including managing the Taiwi National Co-ordinator in Wellington; and eight years of being responsible for the TOAHNNEST Taiwi national prevention strategy - along with, in the last two years, managing the first TOAHNNEST Taiwi national sexual violence prevention co-ordinator in Wellington. In addition to these roles RPE also supported me as a representative for TOAHNNEST's Taiwi Caucus, on the ACC's Sensitive Claims Advisory Group quarterly meetings, in all TOAHNNEST Pae Takawaenga quarterly meetings, and all TOAHNNEST Ministers and senior government officials meetings.



As we end this year, RPE staff thank the Chair and the Board for supporting the agency so well. The out-going Chair gave RPE a huge amount of his time over his three years on the Board and in the last year helped to steer the agency through a particularly challenging time. While we are sad to say goodbye to Matthew Dodd, we also look forward to our returning, previous, Chair, Debbi Tohill, taking the agency forward into its new phase of development.

Changes to the agency this year included a move from a part-time educator model to a full-time model. This move should provide the agency with more stability into the future.

Thanks to the Capability Investment Resource funding from the Ministry of Social Development, RPE has recently had an experienced team of Maori and Pakeha mentors from Unitec, review the agency's current stage of development and develop a Capability Development Plan for the agency to follow.

As I close, I would like especially to thank all of our wonderful funders and supporters, and the very hard-working staff at RPE for their professionalism and dedication. Each year I see our staff and volunteers working consistently, applying their skills and talents, providing information and training with the aim of eliminating sexual violence and promoting respectful relationships so that we can all live in safe communities.

Nga mihi

Dr Kim McGregor



Rape Prevention Education *30 years of service to the Community*

On 15th November 2012 Rape Prevention Education (RPE) celebrated its 30th year of incorporation. RPE grew out of Auckland Rape Crisis, which was started in 1976 by a group of women connected with the Auckland Women's Centre. The centre was based at 125 Ponsonby Rd from 1975 to 1977. At that time, rape in marriage was not recognised, and women were blamed for inciting rape by wearing short skirts and being out at night. Volunteer women set up a crisis phone line and supported women who had been raped. By the early 1980s, the Auckland Rape Crisis Centre was based in a room at 63 Ponsonby Rd. It had one full-time staff member, and a large group of very active volunteers.

They staffed the phone line from 6pm to 6am every day of the year, supported women face-to-face, and spoke to many community groups about rape myths and realities. They helped train new rape crisis groups around the North Island, as well as the fledgling HELP organisation in Auckland. They organised the first national gathering of Rape Crisis centres in 1982, and were heavily involved in the Rape Law Reform Bills in 1983 and 1984, which made rape in marriage a crime.

During the 1990s the agency shifted its focus from crisis support to prevention through information, education and training and changed its name to Rape Prevention Education in 2006. The shift to prevention was accompanied by the employment of male educators and male Board members. Today, RPE in Crummer Rd employs approximately 20+ full and part-time staff and volunteers.



Survivor Advocate

“Louise Nicholas is such a remarkable and courageous woman. Us fellow survivors, RPE and indeed New Zealand are very lucky to have such a gem, who is performing such an important, invaluable and vital survivor advocacy role”



As the National Sexual Violence Survivor Advocate, Louise Nicholas provides support to victims/survivors and their families through her work with RPE. She works with a range of other specialist community and government agencies to mobilise appropriate support for those affected by sexual violence.

Louise has a unique and important role, especially in assisting survivors through the criminal justice system, and helping them access the support they need. In the past twelve months, Louise has been able to reach approximately 700 people through face to face meetings and speaking at seminars and hui. In her work throughout the country, survivors of sexual violence frequently report to her their frustrations with a lack of easily accessible specialist services with the capacity to support them, their families and loved ones.

Many of the people who have benefited from Louise’s support have identified her as the only specialist person they were able to contact. Due to her work at a national level, Louise frequently acts as a bridge, linking available support services with the people who need them.

Throughout this year Louise has worked closely with several key agencies to improve the services they currently offer to people affected by sexual violence. In particular, she collaborated with the New Zealand Police to help develop and launch a plain language information pamphlet outlining the service survivors of sexual violence can expect from the Police.

She was also invited by the Police to present at their inaugural week-long Advanced Adult Sexual Assault course .

During the last twelve months, Louise has attended two international conferences. Louise was pleased to be able to attend the ‘Participatory Justice and Victim’s Conference’ in Canberra and speak at the 57th session of the Commission on the Status of Women focussed on the Elimination of Violence Against Women and Girls at the United Nations in New York. Her experience at the United Nations was invaluable, providing her with a global perspective of the extent of sexual violence.



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Louise Nicholas an equal partner



Commissioner Peter Marshall and Louise Nicholas outside Police National Headquarters.

Photo: Kathryn Fitzpatrick, Ten One

Working with police on an information brochure and training package to help victims of sexual abuse has taken Louise Nicholas full circle.

Louise’s rape claims against senior police officers sparked the 2007 Commission of Inquiry into Police Conduct. Police accepted the Commission’s findings in full, apologised unreservedly to victims, and embarked on a programme of systematic change which included implementing a system for disciplinary action based on a code of conduct.

Since 2006, Louise has been a National Survivor Advocate for Rape Prevention Education.

Last year, she met with Peter Marshall and Detective Inspector Tusha Penny, National Manager of Child Protection and Sexual Violence.

One result was that Louise agreed to work with Tusha and her team on an information brochure for victims of sexual assault.

The brochure was launched last month at Police National Headquarters. Louise and the Commissioner spoke from the heart about what the brochure meant to them.

Peter said, “This isn’t just a brochure, it’s a pledge to victims they will receive outstanding service all the way through their process, and it states what that process will be throughout the country.”

The 57th session of the Commission on the Status of Women took place at United Nations Headquarters in New York

from 4 to 15 March 2013. The Commission is a global policy-making body which is dedicated exclusively to gender equality and the advancement of women.

RPE's Louise Nicholas and Dr Kim McGregor were part of the New Zealand contingent group that went to New York to be a part of the 57th session. Louise said "It was not only exciting but also an honour to be a part of the New Zealand contingent of NGOs, under the umbrella of Pacific Women's Watch (PWW)".

As part of the conference, the PWW's paper, 'Unique indigenous, non-indigenous and Pasifika approaches to violence against women and girls in Aotearoa/New Zealand', was accepted. Te Ohaaki a Hine – National Network for Ending Sexual Violence Together (TOAH-NNEST), Taiwi caucus members Louise Nicholas, Dr Kim McGregor and Maggy Tai Rakena and Māori caucus members Stella Gukibau and Sandz Peipi presented at the conference, alongside representatives from Women's Refuge, Shakti and Pacific Women's Project.

Louise reported:

'Our presentation was well-attended by other NGO members from around the world and the general consensus seemed to be that they were impressed with TOAH-NNEST's presentation on how Māori and non-indigenous peoples work together alongside government to eliminate sexual violence. The size of the UN event was mind blowing with around 6000 NGO attendees from 200 countries trying to reach an agreement on the prevention and elimination of all forms of violence against women and girls.

What really stood out for me were the many practices from around the world that show the commitment required to eliminate violence against women and girls. I was also impressed to see many men's groups helping to lead the charge. It shows an understanding that this is a global problem that needs a global approach.

Sexual violence is a heinous crime and to hear the brutality that perpetrators inflict on their victims across the world brought me close to tears but it also fuelled my own passion to continue to fight hard alongside our government and others within the sector to attempt to eliminate this forever.

The experience of meeting other advocates from around the world reminded me of how important it is to work alongside government agencies and other NGOs in order to support victims and survivors of crimes committed against women and girls, and men and boys.

The conference reminded me how working within TOAH-NNEST and the sexual violence intervention sector will enable me to continue to campaign on behalf of victim/survivors to ensure they are treated fairly and humanely while going through the police and judicial processes.

This type of work is seen as paramount to ensure communities are well educated about the importance of sexual violence intervention. It's about everyone working together to seek a violence free society.

To read more about conclusions from the conference go to www.UNwomen.org



Minister of Women's Affairs Jo Goodhew held a reception at the NZ Mission for the NZ contingent as well as other overseas dignitaries Pictured: Sandz Peipi, Dr Kim McGregor, Minister Goodhew, Louise Nicholas, Stella Gukibau, Maggy Tai Rakena

Professional Education

The RPE Professional Education team delivered approximately 25 workshops throughout the country during 2013. Programmes delivered included Safer Communities All Night (SCAN), and Dealing with Disclosures (DWD). Workshops were provided to police, health professionals, teachers, hospitality workers, students, volunteers and workers from a range of community agencies.

Taking into account that approximately three quarters of all sexual violence incidents have been committed by perpetrators who have consumed alcohol pre-assault, the Safer Communities All Night (SCAN) workshop has been designed for hospitality workers to help develop their knowledge about how best to create safe hospitality environments, free from sexual violence.



“Very interesting and appropriate, all bar staff and glassys should do this.”

“Was interesting and will be useful for my profession.”

Workshop participants

The Dealing with Disclosures (DWD) workshop is tailored to meet different community group needs with a key aim of giving confidence to professional’s dealing with disclosures of child and adult sexual violence.



Rangatahi Project



The Rangatahi sexual violence prevention project is being delivered to a range of Kura Kaupapa Maori, secondary schools, alternative education units, and teen parent units throughout Tamaki Makaurau by Korowai Tumankao. The project is supported by an impressive Maori Advisory Group: Dr Fiona Cram, Dr Marewa Glover and Moana Eruera. Dr Shirley Julich heads a team from Massey University to provide the evaluation.

The Rangatahi project has a whole school approach to sexual violence prevention, through beginning the training programme by working first with school Principals, Boards of Trustees, teaching and supporting staff, *before* providing education to Rangatahi.

Training with school personnel includes environmental safety, adult safety, Rangatahi and adult development, safety of children, reviewing and strengthening school policies and procedures such as screening staff, identifying safe boundaries, dealing with disclosures of sexual violence, and referring to appropriate specialist support agencies.

The Rangatahi workshops are based on Maori principles of health and wellbeing. Te Whare Tapa Wha consists of four related elements which contribute to holistic wellbeing: Wairua (spiritual), Hinengaro (mental), Tinana (physical), and Whanau (family). These four aspects are divided into modules delivered to Rangatahi.

Through 2013, this project has also sought to provide training and supervision to other external school supports such as other Maori services, health service providers and community organisations.

The Rangatahi project training aims include establishing a shared understanding of Tikanga and its use in sexual violence prevention, and providing schools with the support they need to continue to develop and apply their own prevention strategies after the Rangatahi sexual violence prevention project has been completed.



Youth Team

BodySafe and *Sex'n'Respect* are two key RPE youth programmes that aim to prevent sexual violence within adolescent populations. From July 2012 to June 2013, a total of 425 *BodySafe* workshops were delivered in 17 different secondary schools within the Auckland area. An additional 309 young people in teen parenting centres and other alternative education centres throughout Auckland received the *Sex'n'Respect* programme.

The *BodySafe* and *Sex'n'Respect* programme educators bring along a diverse range of skills and backgrounds that support a range of teaching methods; including the use of artistic and theatre-based activities. In addition, all the educators receive on-going scheduled training sessions throughout the year. Evaluations from the last year show that 90% of the students increased their understanding of sexual violence as a result of the programme and 85 percent reported that they found the programme was useful to them.

RPE educators have continued to collaborate with other health providers including: HELP, SAFE Networks, Family Planning, Village Collective (formerly FLEP), Auckland Sexual Health, and the Sexuality Information Network. This collaboration has enhanced ongoing relationships between providers which allows sharing of information and expertise.

Comments from students:

'They were awesome. The team worked well together and made students feel comfortable to talk about Sex 'n' Respect'

"It was good to know everything about sexual violence and the content"

"It was very well done and easy to understand and fun at the same time. I learnt a lot"

"Talk more about it and have more lessons so we can understand more about sexual violence."



Sex'n'Respect Parties

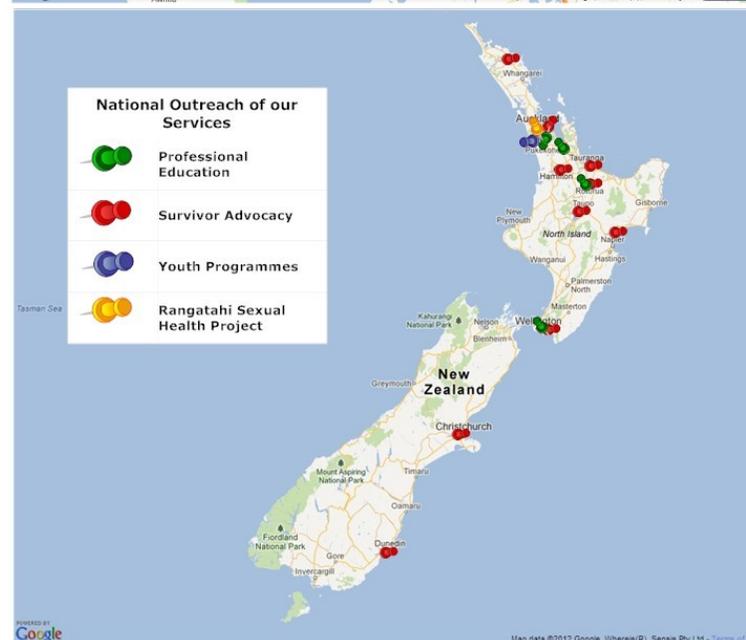
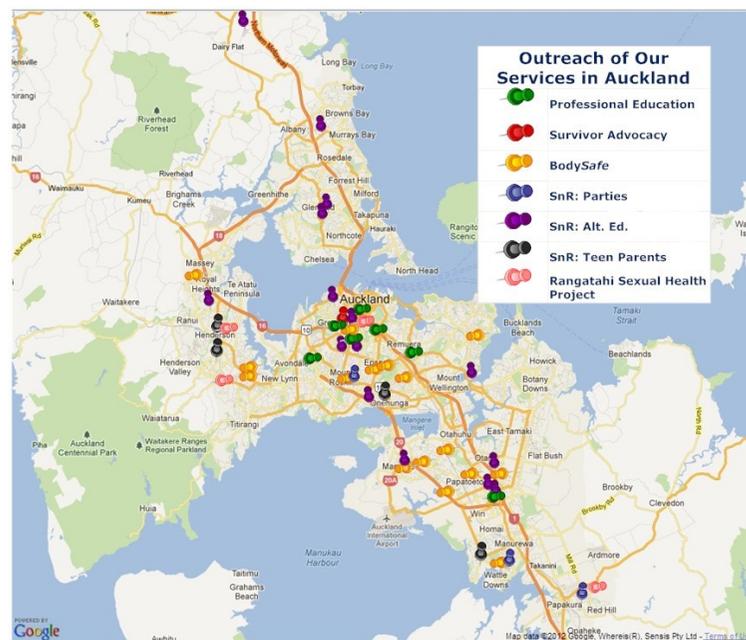
The Sex'n'Respect Parties programme was delivered through 63 workshops in 4 Auckland secondary schools reaching out to 390 young people. The programme works to promote respectful sexual relating and safe, active bystander behaviours amongst young people in environments where alcohol and other drugs may be consumed. RPE educators, experienced in delivering the *BodySafe* programme, were trained to facilitate *S'n'R Parties workshops* to Year 11 and 12 students in the year following the delivery of *BodySafe*.

The workshops have several aims including:

- Challenging beliefs about gender and alcohol which may condone or contribute to sexual violence;
- Equipping young people with skills that promote respectful behaviours and;
- Enabling young people to become safe, active bystanders by learning how to act early and get help to prevent potential situations involving sexual disrespect, harm, or violence towards others.

The *S'n'R Parties* programme evaluation has shown a statistically significant decrease in rape-supportive attitudes amongst students who completed the *S'n'R Parties* workshops. Students also were able to identify ways to engage in responsible and positive social behaviours in situations where alcohol and drug consumption may lead to sexual violence.

Outreach of RPE's programmes and services

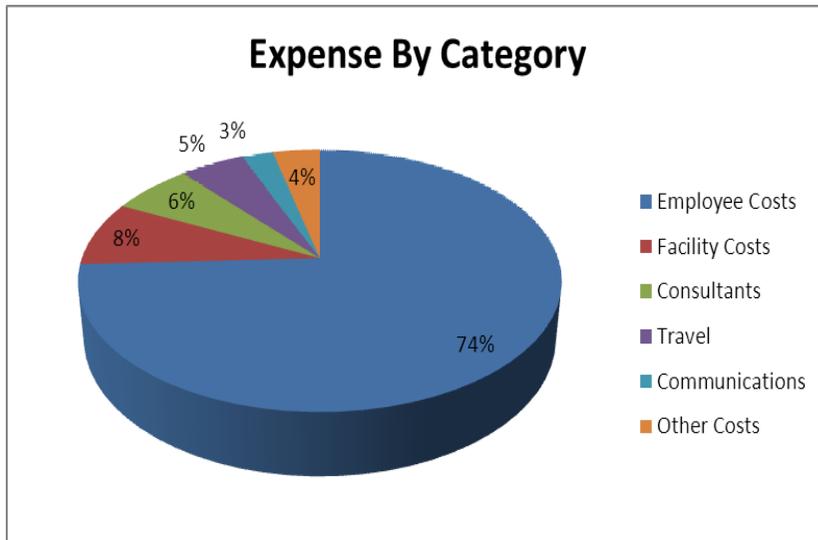
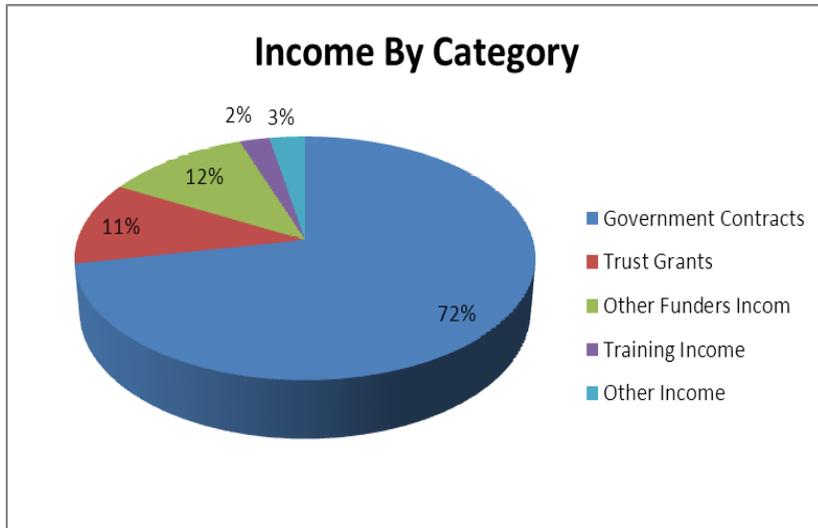


Financial Reports

Profit & Loss

Rape Prevention Education

For the period ended 30 June 2013



Supporters

The staff at RPE would warmly like to thank the businesses, agencies and individuals that have supplied services and support, financially and in-kind. Specifically:

- | | |
|---|--|
| ACC | Mount Roskill Grammar School |
| Aim Proximity | Netsafe |
| Aluka Consultancy | NZ Police |
| Auckland Coalition for the Safety of Women and Children | NZ Post |
| Auckland Council | NZ Small Audit |
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| HELP | Stop Demand |
| Hera Pierce | TOAH NNEST |
| I. Harcourt | Thomson Consulting |
| Korowai Tumanako | Tu Wahine |
| Little Bites Catering | Unitec |
| Male Survivors of Sexual Abuse Trust | Village Collective |
| Marketstorm Printers | Volunteering Auckland |
| Maori Advisory Group | Women's Health Action |
| Massey University | WSAN |
| | Youthline |

Our Funders

And finally, and certainly not least, we at Rape Prevention Education Whakatu Mauri would like to thank all the individual donors for their many contributions and the organisations who have provided generous grants, and contract for service funds:

ASB Community Trust
Auckland Council
COGS Regional Committees
Four Winds Foundation
J M Thomspson Trust
Lion Foundation
Ministry of Health
Ministry of Justice
Ministry of Social Development - Family and Community Services & Child Youth and Family Services
Mt Wellington Foundation
New Zealand Lotteries Grants Board
New Zealand Post
Pelorus Trust
Sir John Logan Campbell Trust
SKY City
The Southern Trust
TOAH NNEST

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