



Rape  
Prevention  
Education

RAPE CRISIS AUCKLAND INCORPORATED  
WHAKATU MAURI

# 2011/2012 ANNUAL REPORT



Working together to eliminate sexual violence



**Vision:**

Effectively contributing to creating communities free of sexual violence; where people are enjoying respectful relationships and sexuality free of pressure, coercion, harm or violence.

**Mission:**

Rape Prevention Education's (RPE) mission is to work in relationship with Tangata Whenua and to develop partnerships and evidence-based prevention activities in community services, education, health promotion, research and advocacy that effectively promote respectful relating and eliminate perpetration and experience of sexual violence in Aotearoa, New Zealand.

**Purpose:**

RPE works in the greater Auckland area and nationally to prevent sexual violence through the delivery of education and health promotion/prevention activities.

RPE also provides support and information for those affected by sexual violence through telephone, print and online media.

Where possible RPE works with Tangata Whenua and allied health professionals in partnership, to develop community services, education programmes, health promotion, research and advocacy.

Each year RPE provides service to a broad range of audiences including over 8,500 young people, community members and professionals.

Our websites also provide information and support and are accessed by more than 20,000 people each year.

## Chairperson's Report

Tena koutou katoa

This annual report celebrates the outstanding effort that Dr Kim McGregor and the Rape Prevention Education Whakatu Mauri staff and Board have put in over the last year, as we focus on eliminating sexual violence from our communities and creating a safer environment for all New Zealanders. Our priorities have been to generate new strategies, strengthen existing partnerships and build new ones.

The Board has been grateful for, and highly impressed with, the dedication, creativity and perseverance of Kim and the Rape Prevention Education team. We acknowledge the challenging environment we find ourselves in, and the agency's efforts to streamline services to ensure that we are working within our available resources. This has meant some difficult internal decisions to attain our goals and we continue to strive to be more integrated, connected, and aligned with our long-term direction and focus.

It has been my pleasure to be on the Board of Rape Prevention Education for the last eight years, including two years as Chair. As I stand down from the Board this year, I am confident that our current Board will continue to have an active role in shaping the future direction of the agency to ensure Rape Prevention Education has a key role in eliminating sexual violence in Aotearoa/New Zealand.

As the Chair of the Board, I take this opportunity to acknowledge the support of all our funders, partners, supporters, staff and volunteers who work alongside us.

Mauri ora ki a tatou

Debbi Tohill

Chair



## Executive Director's Report

Nga mihi kia koutou

This year was another action-packed year for Rape Prevention Education Whakatu Mauri (RPE).

We were pleased with the provision of our

services to a range of communities. Our Youth Team reached over 6500 young people in 40 schools and educational facilities in the greater Auckland area through the *BodySafe* programme, the Sex'n'Respect Alternative Education programme, and the Sex'n'Respect Parties programme.

Our Professional Education team delivered specialist training to over 1000 people throughout the country. Our programmes included *Dealing with Disclosures* and *Safer Communities All Night (SCAN)* training for bar and door staff of licensed premises.

The Survivor Advocate travelled from Invercargill to Waitangi to provide support and information to over 780 people.

The Rangatahi team developed a school-based programme ready for delivery to Principals, Boards of Trustees, school personnel, whanau, and rangatahi.



Two specialist websites—the RPE site and Sex'n'Respect site dedicated to youth—were accessed by approximately 16,000 visitors, and our Facebook page received over 200 likes.

Activities within the agency included: RPE's committed and hard-working Youth Education Team members travelling throughout the greater Auckland region to deliver a record number of *BodySafe* programme workshops; developing the *BodySafe* programme from three to four modules to cover repeat and multi year deliveries; broadening and modifying the Sex'n'Respect Alternative Education programme to be more responsive to the unique needs of the staff and youth within the Alternative Education sector; designing, piloting and rolling out the new Sex'n'Respect Parties programme to help Year 11 and 12 students party more safely; updating and improving the Sex'n'Respect youth website information, and developing a Facebook page to help raise awareness of our services among young people.

RPE's professional education team expanded the range and reach of the professional education workshops and continued to improve and develop the training programmes throughout the year.

The Senior Management Team ensured RPE staff completed their third Treaty of Waitangi workshop, and designed our Strategic Planning day in which we developed our five year plan consisting of the following five goals:

- *Strengthening our relationship with Tangata Whenua*
- *Providing a range of education and community services aimed at eliminating sexual violence*
- *Raising the profile of RPE as key organisation in the elimination of sexual violence*
- *Maintaining a secure financial base*
- *Strengthening the efficient operation of the organisation*

By the end of 2011, our staff and volunteer numbers had grown from five to over 20. Because of this growth, RPE had to move out of our Grey Lynn villa, but we were pleased to be able to stay in our community and move into a building on Crummer Road. In our new premises we enjoyed hosting 50 attendees at our AGM. A highlight of the day was our Youth team's presentation of a Bystander Intervention Forum piece.



Since the end of 2011 RPE has been active in a new and exciting partnership with our specialist Auckland sexual and family violence intervention and prevention sector, and the Auckland Council. To support this new partnership RPE hosted two hui focused on the prevention of sexual violence and provided a submission to the Auckland Council's Long Term Plan.

Throughout the year, RPE was also part of a specialist working group, consulted by the Law Commission, to develop recommendations for improving pre-trial and trial processes for sexual violence crimes. RPE also made a number of submissions throughout the year including to the Minister of Education's inquiry into sex offenders hired in schools, and on the national inclusion of 'well-being' as a priority in Local Council work. Our advocacy role included meetings with the Police Commissioner and providing presentations to a range of groups including to the Roundtable on Violence Against Women. Our role within Te Ohaakii a Hine National Network Ending Sexual Violence Together included being a part of ACC's Sensitive Claims Advisory Group, meeting with several government Ministers to promote the work of our national specialist sector,

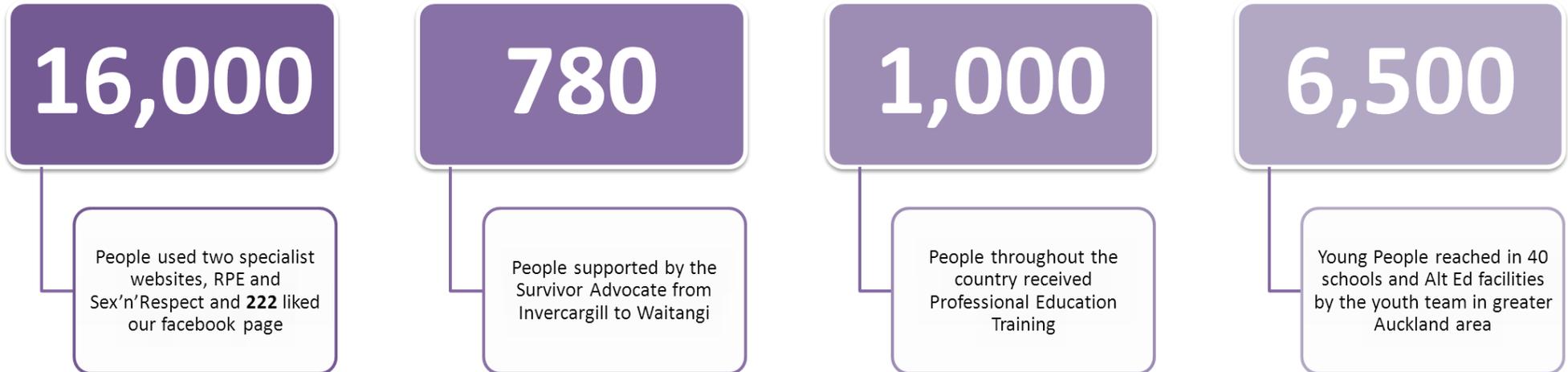
and helping to gain resources from the government for our specialist sector to begin to co-ordinate sexual violence prevention efforts at a national level.

Following this huge amount of service to our communities and our specialist sector by RPE staff and supporters, as Executive Director I would like to thank all of the wonderful and hard-working staff, (past and present), and our skilled and committed Board for supporting RPE through yet another challenging year.

RPE is looking forward, with our colleagues, partners and supporters, to continuing to work to eliminate sexual violence. We thank each and every one of you who has helped us in our on-going efforts to promote respectful relationships and create safer communities for all.

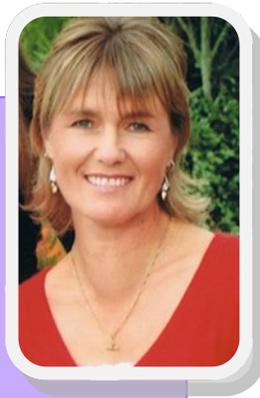
Nga mihi

Dr Kim McGregor



## Survivor Advocate

***The survivor advocate has a unique role, similar to an Ombudsman; they must be trusted by those affected by sexual violence and those working to improve services for them***



Survivor Advocate Louise Nicholas has actively worked at all levels locally and nationally, providing support to victim/survivors and their families, and has advocated on their behalf to government agencies, local councils and agencies supporting victim/survivors of sexual violence.

One of the most important roles of the Survivor Advocate is to support victim/survivors and their families as they proceed through the criminal justice system. In many cases, Louise has been able to provide support to survivors when there have been no other services available. All survivors who request Louise's help receive one-to-one assistance and advocacy, and this year she assisted over 780 individuals through the justice system and beyond.

Two major challenges have been faced this year, and will be an ongoing focus of the survivor advocate's work in the coming period:

- Lack of specialist support services available to victim/survivors of sexual violence. Louise has heard first-hand from many survivors of the difficulty of obtaining specialist support and counselling services, and met with the Ministers of Justice and Social Development to discuss survivors' concerns. The Minister of Social Development promised Louise that she would continue to work with other Ministers to address this issue. Louise also attended quarterly ACC Sensitive Claims Advisory Group meetings to continue to advocate for survivors' access to counselling.
- Lack of information available to survivors and their families. In a representative case, Louise helped a survivor obtain significant court costs that she was entitled to, but had not been informed about by any other service she was involved with. This is just one of many examples of situations where survivors have not been aware of the assistance and support available to them, and have suffered hardship or distress as a result. Louise continues to work with survivors and support organisations to improve the assistance survivors need.

Other agencies and groups that Louise worked with throughout the year included Wellington HELP, where she was involved with training Specialist Court Advisors to work with victim/survivors of sexual violence; the Law Commission, to develop recommendations for new pre-trial and trial processes for sexual offending; the Ministry of Women's Affairs; the Ministry of Justice Victims' Reference Group; the Victims' Information Steering Group; and the Auckland Council regional hui on Family and Sexual Violence.

## Professional Education

Comments from Hospitality staff about the SCAN training:

***“A positive course ... every licensed premise should involve themselves in this course” – Palmerston North***

***“Training has helped improve my understanding of sexual violence and how I can identify the signs of possible sexual violence and how I can minimise the possibilities of it happening” – Auckland***

Extending the range and reach of RPE’s Professional Education training workshops was a strong focus of the work of the Professional Education Team in 2011. To achieve this, a marketing strategy was developed to promote RPE workshops and presentations to professionals working with high-risk client groups. At the same networking with allied health organisations and community networks was increased. In Auckland these included: Community Waitakere Network, South Auckland Family Violence Prevention Network, People in Partnership, Te Puaruru, SHiNE, Child Youth & Family, Lifeline, Red Frogs, Plunket and Counties Manukau DHB. Through these connections and corresponding website links, enquiries and requests for RPE specialist training have increased considerably in 2012.

### Evaluation Analysis of DWD Workshops

***76% of participants learned how to respond appropriately to disclosures of sexual violence.***

***82% of participants increased their awareness of their role in preventing sexual violence.***

***Being aware of one’s role in preventing sexual violence empowers individuals to take action to make safer communities.***

RPE’s leading professional education workshop is the *Dealing with Disclosures* programme. The professional education team used data from an independent evaluator to revise and improve this programme. Of the participants in the *Dealing with Disclosures* programme, almost 40% had received no previous training in sexual violence prevention. The majority of participants (98%) found the overall material presented very relevant to their work.

The *Safer Communities all Night (SCAN)* programme continued to gain impact on a national level in 2011/12 and workshops were delivered throughout the country. In 2012 the focus returned to Auckland, and with support from Auckland Police, the Auckland Council and ALAC, RPE held a series of *SCAN* workshops for bar and door staff working in establishments on Karangahape Road and the Viaduct Basin. These workshops enabled hospitality workers to develop knowledge about how best to identify possible high-risk situations that could lead to sexual violence.

## Rangatahi Project



The aim of the project is to enhance positive sexual health and wellbeing of Rangatahi in secondary schools in the Auckland region and their access to health and support services, by increasing skills and effective practices of youth sexual health providers and communities of interest.

Throughout the year the Kaiwhakahaere (Director of Maori Development) guided by the Evaluation Advisory Group worked to develop presentations for Principals, Board of Trustees, school personnel, Rangatahi and Whanau ready to be delivered to Kura Kaupapa and bi-cultural schools.

Several stakeholders have been actively involved in this programme development including:

- Korowai Tumanako
- Deputy Principals and HODs
- Te Kaha o Te Rangatahi
- Te Whare Ruruhou o Meri
- Academic evaluators from Massey University.

In addition, the Kaiwhakahaere worked with RPE's Youth and Professional Education trainers to further weave a Maori worldview into RPE's programmes.



## Youth Team

This year the Youth Education Team delivered record numbers of *BodySafe* and Sex'n'Respect Alternative Education workshops. Over 6500 young people received training in more than twenty secondary schools and twenty Alternative Education sites across Auckland.

***"...I just wanted to thank you for the BodySafe lessons presented to our kids this term. It has been so brilliant and I would love to book you in next year....Please pass on my thanks to your teaching team. I believe this has deepened our sex education programme and for that I am very grateful!"***

**HOD Health & PE**

Throughout the year the Youth Education Team received training to further develop their facilitation skills, and participated in regular RPE journal clubs aimed at fostering critical research skills and further contributing to RPE's knowledge base.

Networking and sharing of skills and materials also increased during the year and relationships were fostered with a wide range of youth agencies such as: Youthline, Rainbow Youth, Te Kaha o Te Rangatahi, Auckland Sexual Health Service, Family Planning, Strive Community Trust, and the Police Youth Education Team.

In addition the RPE Youth Education Team is regularly represented at a variety of existing networks and community meetings across Auckland including: Mangere Youth Providers Network, Manukau East Council of Social Services, Sexuality Information Network, and the South Auckland Youth Services Meeting.

### Comments from students:

***"I liked how we did activities that were relevant to our age group"***

***"I really liked the programme it also spoke the truth about***

***Sexual Violence"***

***"The educators were really nice and approachable, and they treated us with respect"***

***"make it longer and more lessons"***



## Website and Facebook Page

This year, RPE created a new part-time role in Communications to improve the Sex'n'Respect website. This strategy increased the numbers of youth accessing the site. It also made available more relevant and appropriate material to promote respectful sexual relating and the prevention of sexual violence. The Sex'n'Respect brand now has a Facebook page that has received over 200 likes.



## Sex'n'Respect Parties

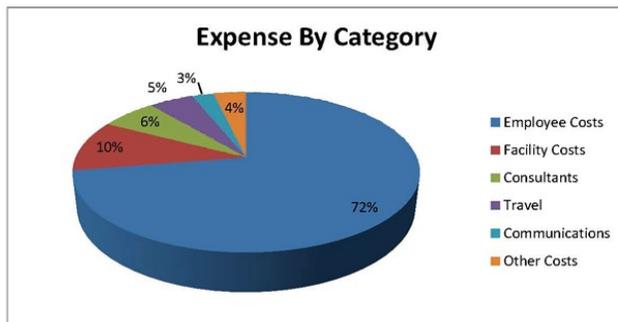
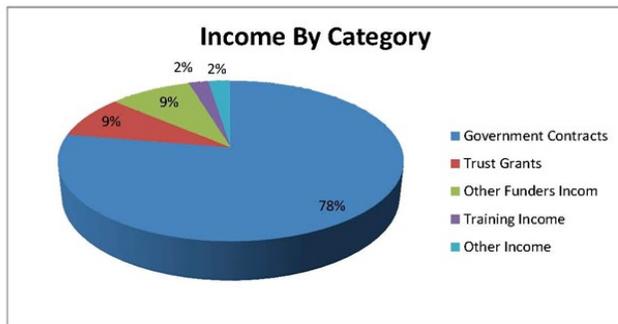
A new programme funded by the Ministry of Justice, *Sex'n'Respect Parties* was successfully rolled out during the year. The project works in secondary schools to promote respectful sexual relating and pro-social bystander behaviours in environments where alcohol and drugs are consumed. The overall aim is to reduce experiences of sexual violence and disrespect in these situations. The programme is designed to be delivered to Year 11 and 12 students in the year subsequent to the delivery of *BodySafe*.



## Financial Reports

**Profit & Loss**  
**Rape Prevention Education**  
**For the 15 months ended 30 June 2012**

	\$000's
Total Income	1,127
Total Expenses	<u>(1,250)</u>
Net Profit	<u><u>(123)</u></u>



## Supporters

The businesses that have supplied services and support, financially and in-kind. Specifically:

- |  |   |
|--|---|
| Aim Proximity                                  | Mount Roskill Grammar School  |
| Auckland Council                               | NZ Small Audit  |
| Auckland Sexual Abuse Help Foundation          | Oncall Consultants  |
| Auckland Women's Centre                        | PDQ Printers  |
| Balance Financial Consulting Limited           | Protect Self Defence  |
| Bawdon Design                                  | SAFE Network  |
| Coalition for the Safety of Women and Children | Sandi Anderson  |
| Counselling Services Centre                    | Stop Demand   |
| ECPAT New Zealand Inc.                         | Te Ohaakii a Hine National Network Ending Sexual Violence Together (TOAH NNEST) |
| Family Planning                                | Thomson Consulting  |
| Grey Lynn Neighbourhood Law Office             | Tu Wahine   |
| GRO Limited                                    | Little Bites Catering   |
| Hera Pierce                                    | Volunteering Auckland   |
| I. Harcourt                                    | Youthline   |
| Korowai Tumanako                               |   |
| Male Survivors of Sexual Abuse Trust           |   |
| Marketstorm Printers                           |   |

## Our Funders

And finally, and certainly not least, we at Rape Prevention Education Whakatu Mauri would like to thank all the individual donors for their many contributions and the organisations who have provided generous grants, and contract for service funds:

ACC  
ASB Community Trust  
Auckland Council  
COGS Regional Committees  
Four Winds Foundation  
J M Thomspen Trust  
Lion Foundation  
Ministry of Health  
Ministry of Justice  
Ministry of Social Development - Family and Community Services & Child Youth and Family Services  
Mt Wellington Foundation  
New Zealand Lotteries Grants Board  
New Zealand Post  
NZ Police  
Pelorus Trust  
Perry Foundation  
Sir John Logan Campbell Trust  
SKY City  
Te Puni Kokiri  
The Southern Trust  
TOAH NNEST

## Board and Staff Listing

**Chairperson:** Debbie Tohill

**Treasurer:** Matthew Dodd

**Secretary:** Kristin Dunne-Powell

**Board Members:**

Peter McGlashan

Jessica Trask

Tara Jahn-Werner

**RPE Staff**

Dr Kim McGregor

Aimee Stockenstroom

Alexander Stevens

Ashiana Shah

Eileen Kelly

Gina Guttuso

Kate Butterfield

Louise Nicholas

Marama Hetaraka

Miriam Sessa

Ratika Rai

Sylvia Knutsen

Rebecca Leys

Veronica Marwitz

**Contractors**

Korowai Tumanako

Renee Matthews

**Educators**

Alyssa Naea Ashleigh Willets

Carrie Bryers

Chris Zack

Emily Shanks

Hannah Mills

John Hone Potini

Jonathan Selu

Jonnie Black

Joshua Allum

Peter Liebscher

Rowena Aiono

Sam Bunkall

Te Wai Barbarich

**Volunteers**

Becky Smail

Claire Thornton

Emma Griffiths

Shantha Kakaraparthi

Marion Paterson

Maryanne Richardson

Matthew Butt

Radha Cumaresan

Rebecca Louise Day

