

# RPE UpDate

Issue 6 – Summer/Autumn 2011-12

*Working together to eliminate rape and sexual abuse*



Rape  
Prevention  
Education

RAPE CRISIS AUCKLAND INCORPORATED

WHAKATU MAURI

## The Spectrum of Prevention: Level 1 – Strengthening Individual Knowledge & Skills



The *Spectrum of Prevention*<sup>1</sup> is a community solution based framework made up of six interrelated action levels for effective prevention of sexual violence. In using the framework to successfully prevent sexual violence in Aotearoa

Have you ever been in a situation where you walk past a young child standing alone outside a shop? The child doesn't seem upset nor does s/he ask for help. You notice that there is an employee nearby and s/he does not seem distressed about the young child being there. You may wonder – "Is someone looking out for this child? Should I ask if the child is OK? Should I tell someone?"

*Pictured above, RPE educators work to strengthen individual knowledge and skills through the delivery of specialised sexual violence prevention programmes.*

New Zealand, complementary work needs to occur at each level throughout the country. In this second instalment of a seven part series, we look at the first level of the Spectrum: Strengthening Individual Knowledge and Skills.

However, you ignore these thoughts and keep walking.

This common reaction, where one does not offer to help when others are around is referred to as the **bystander effect**. Although most of us believe that we would help in situations where another individual's safety is at risk, when in the situation, most of us do nothing. *(Continued on page 2)*

<sup>1</sup>The Spectrum of Prevention model was created by Larry Cohen, M.S.W. while at Contra Costa County Health Services Department and is based on the work of Dr Marshall Swift in developmental disability prevention at Hahnemann College in Philadelphia, Pennsylvania. Mr. Cohen now continues the application of this model in his work as Director of the Prevention Institute in Berkeley, California. <http://www.preventioninstitute.org>



## Auckland Mayor Len Brown backs RPE

RPE Director Dr Kim McGregor met with Auckland Mayor Len Brown and members of the Auckland Council in October. Mayor Brown spoke of supporting RPE through leadership activities such as mentioning the need for sexual violence prevention in speeches and policy; promoting sexual violence prevention training for Council staff; and endorsing the BodySafe programme when visiting participating schools. Thank you Mayor Brown for taking a stand for the prevention of sexual violence!

*Pictured left, RPE Director Dr Kim McGregor with Auckland Mayor Len Brown*

24 hour crisis line: 09 623 1700 – HELP

RPE Information, Referral & Support Service [www.rapecrisis.org.nz](http://www.rapecrisis.org.nz) or [info@rapecrisis.org.nz](mailto:info@rapecrisis.org.nz)

## The Spectrum of Prevention: Level 1 – Strengthening Individual Knowledge & Skills (continued from page 1)

Some reasons for this are because bystanders are not sure who is responsible to help or whether the person really needs help. They may also think that they could be overreacting or if they tried to help that they would look silly.

Either way, when one goes through a similar thought process, the opportunity to help someone is missed.

Understanding this process and becoming more aware of how and when to take action to help someone in a time of need (**bystander intervention**), is an example of the first level of the *Spectrum of Prevention* – Strengthening Individual Knowledge and Skills.

In relation to sexual violence prevention, strengthening individuals' knowledge and skills must move beyond awareness raising and risk avoidance (for example, 'do not walk alone at night') and toward the promotion of bystander intervention and respectful relating.

For example, if bystander intervention was normalised in society, then individuals sitting in a bar watching a noticeably intoxicated female leave with a man who is carrying her out, would be

less likely to ignore thoughts of concern, fear or worry for her safety; instead, they would know (through education) how to safely intervene, and would be more likely to do so.

A few effective ways to educate individuals about sexual violence prevention include:

- Utilising 'champions' or highly regarded individuals such as professionals, athletes, musicians, actors and community leaders who have mana, expertise or authority to lead education efforts;
- Role-modelling to others about how to intervene when one witnesses disrespectful, harmful or violent behaviour and educating those involved about the reasons for the intervention; and
- Educating parents and/or caregivers about offender grooming and how to keep children safe.

RPE's work at Level 1 is focussed on individuals learning within group education; either by providing education programmes aimed at increasing the

## The Spectrum Of Prevention

Influencing Policy and Legislation

Changing Organisational Practices

Fostering Coalitions & Networks

Educating Providers

Promoting Community Education

Strengthening Individual Knowledge & Skills

*The Spectrum of Prevention is designed to guide the development of prevention activities to bring about broad-scale change in communities, from individual to social policy change.*

knowledge and skills of young people (BodySafe and Sex'n'Respect), or through Professional Education workshops whereby professionals gain knowledge and skills that may be shared with those with whom they work.

The next issue of *RPE UpDate* will focus on Level 2 of the Spectrum – Promoting Community Education.

To read the first instalment of the series which provides an overview of the spectrum, please visit [www.rapecrisis.org.nz/pdf/RPE\\_Update\\_Winter\\_2011.pdf](http://www.rapecrisis.org.nz/pdf/RPE_Update_Winter_2011.pdf).



## RPE Professional Education Portfolio

### New & Improved Dealing with Disclosures (DWD) Workshop Launched

Dealing with Disclosures (DWD) is a one-day training course designed to provide professionals with skills in how to effectively and confidently respond to disclosures of sexual violence.

Using feedback from participants, RPE recently improved the DWD workshop format to better meet the needs of participants and ultimately enhance support services for survivors of sexual violence.

*"Very enjoyable and informative. I have found this course extremely helpful and will take it into my workplace."*

For example, the new DWD workshop provides a stronger foundation for professionals working with people who have experienced sexual violence.

*"Extremely interesting and informative. Feel more confident. Thoroughly enjoyed Louise Nicholas and wish her well for her future. Thank you."*

Participants now gain a unique opportunity to 'peel back' and examine different aspects of sexual violence and learn how personal experiences and perspectives can influence professional decisions.

Also, to build on knowledge and skills acquired in the workshop, participants are encouraged to partake in additional RPE workshops and/or request trainings specific to their area of expertise or interest.

*Above right, participants of the new DWD workshop practice a step by step guide to responding to a disclosure of sexual violence.*



### 2012 DWD Workshop Dates Coming Soon

To register your interest in participating in an upcoming DWD workshop or to request specific training pertaining to your area of expertise, please email Professional Education Coordinator, Marama Hetaraka at [marama@rapecrisis.org.nz](mailto:marama@rapecrisis.org.nz) or phone Marama at (09) 361 2728.



## Nau Mai Haere Mai Sylvia Knutsen



In August RPE welcomed Sylvia Knutsen of Korowai Tumanako to become Kaiwhakahaere/ Director of Maori Development for RPE. Sylvia has a strong background in counselling and possesses specific experience in working from a Kaupapa Maori perspective. She has worked extensively in both the Harmful Sexual Behaviour and the Alcohol & Drug sectors. This is Sylvia's second time working with RPE, having previously been an educator with the BodySafe Programme.

In her new role Sylvia will be responsible for Maori Programme Development within RPE and the development and delivery of the 'Rangatahi & Sexual Health' project. For questions or queries about the project, please email Sylvia at [sylvia@rapecrisis.org.nz](mailto:sylvia@rapecrisis.org.nz) or phone (09) 361 2723.

*Above, Korowai Tumanako celebrates Sylvia Knutsen (Te Rarawa) joining its roopu. She brings with her an impressive korowai of knowledge and manaaki. Pictured with Sylvia (far left) are: Joy Te Wiata, Matua Nuki Auldrige (Taumata Kaumaatua Ngapuhi Nui Tonu & Taumata Kaumaatua for Korowai Tumanako) and Russell Smith.*

## Rangatahi & Sexual Health

Korowai Tumanako is currently engaged in a joint project with RPE to deliver an education programme for Rangatahi called 'Rangatahi & Sexual Health'. The three year project is funded by the Ministry of Health.

On 4th November 2011 an Evaluation Advisory Group (EAG) for the project met for the first time. Members of the EAG include Sandz Peipi from TOAH-NNEST, Ngaire Sandel from the Ministry of Health and Joy Te Wiata and Russell Smith from Korowai Tumanako.

The group was fortunate to have Matua Nuki Auldrige (Taumata Kaumaatua Ngapuhi Nui Tonu) attend in his capacity as a member of the Taumata Kaumaatua for Korowai Tumanako. Matua Nuki shared from his korowai o manaaki and tiakina, offering the team some valuable insights to consider as they move forward in their work. His rangatira korero set the pace for the day.

The 'Rangatahi & Sexual Health' project aims to enhance and advance sexual violence prevention education within schools and Kura within Tamaki Makaurau. Although it is being developed as a Kaupapa Maori programme primarily focussing on meeting the needs of Rangatahi Maori within educational settings, it also offers an approach that could benefit all youth within New Zealand educational environments.

The 'Rangatahi & Sexual Health' project and evaluation provides an opportunity to develop programmes for Maori within the sexual violence intervention sector. Therefore RPE & Korowai Tumanako look forward to completing the project with tumanako (hope) and excitement.



*Members of the RPE/Korowai Tumanako joint project Rangatahi & Sexual Health Evaluation Advisory Group (EAG) include Sandz Peipi from TOAH-NNEST, Ngaire Sandel from the Ministry of Health and Joy Te Wiata and Russell Smith from Korowai Tumanako.*

## Korowai Tumanako (KT)

2012 brings exciting new challenges and new growth as the working relationship between Rape Prevention Education and Korowai Tumanako (KT) further evolves to reflect 'Te Tiriti o Waitangi'.

Since the last issue, KT has been involved in a number of projects throughout the

country. Their role as Paetakawaenga members on Te Ohaakii a Hine National Network Ending Sexual Violence Together (TOAH-NNEST) and Taumata for RPE has kept them busy ensuring resources and services are developed for Maori services and communities.



After collecting a wide range of literature for many years in the field of sexual violence prevention, RPE recently established an online and hardcopy staff library. The online library is based in Mendeley ([www.mendeley.com](http://www.mendeley.com)), a free tool that anyone can use to store, share and reference PDFs. Thanks to the hard work of RPE volunteers,

we are on the way to having 1,500 (and growing) articles tagged and sorted. Next, we aim to catalogue and build our hardcopy library. We also aim to make the library available to allied professionals and the community. For more information about our library or to submit items for consideration, please contact Veronica Marwitz, Youth Team Support Manager at [veronica@rapecrisis.org.nz](mailto:veronica@rapecrisis.org.nz) or (09) 361 2729.



Get your  
**"TOUCH but only if it's consensual 😊"** t-shirt

A fun way to promote respectful relating. Men's S-M-L-XL-XXL-XXXL and Ladies S-M-L-XL. \$25 each, to purchase please contact Ashiana at [ashiana@rapecrisis.org.nz](mailto:ashiana@rapecrisis.org.nz)



Every year more than 4,000 students receive BodySafe.

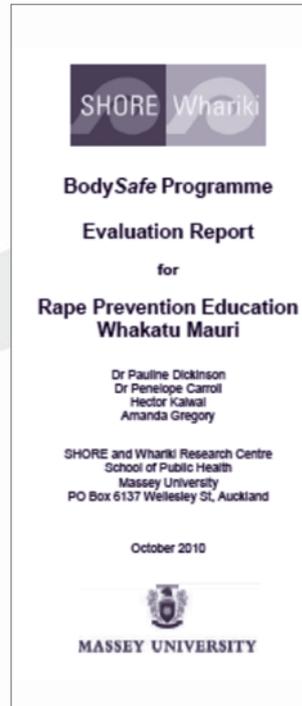
Tiaki Tinana

## BodySafe



Massey University's SHORE Whariki Research Group conducted an external evaluation of RPE's core youth programme BodySafe. The evaluation assessed programme content and the impact the programme had on young people. The evaluation found that:

- **Students find the content of BodySafe 'just right'.**  
"Well it was good information. I actually like it you know. I actually wanted for it to happen this year again. I liked this stuff, I didn't know about these things."
- **Teachers are very positive about the content of the programme and its relevance for students.**  
"I think it is very relevant and especially how they progress, starting off with the laws around sexual abuse and sexual violation and then moving on...the presenters are very friendly and approachable with the language they use."
- **The evaluation uncovered clear evidence that the programme, implementation and design of BodySafe is of high quality.** This finding is based on quality indicators drawn from international experience and evaluation of sexual violence prevention programmes, including:
  - **External provision of the programme:** It is usually better for an external provider rather than a classroom teacher to deliver specialised, in-depth information about sexual violence and sexual safety.



- **Single and mixed gender groups:** BodySafe is delivered in both single and mixed gender groups, depending on the make-up of the school. Both appear to work well.
- **Liaison with schools:** The BodySafe team view liaison with the school as central to the success and safety of the programme. Prior to delivery relevant staff are informed about the programme and given tools to deal with disclosures of sexual violence.

In addition, school staff are asked to inform students about the delivery of BodySafe in advance so that they may prepare themselves to participate in discussions about the sensitive topic of sexual violence.

Throughout 2012 we aim to continue to incorporate the recommendations of Massey University's SHORE Whariki Research Group's evaluation and make some exciting changes in how we deliver the BodySafe programme. If you would like to learn more about BodySafe or are interested in booking workshops for your school, please contact Kate Butterfield Youth Team Manager at [kate@bodysafe.org.nz](mailto:kate@bodysafe.org.nz) or (09) 361 2725.

## Sex 'n' Respect Website Turns One!

Our youth website [www.sexnrespect.co.nz](http://www.sexnrespect.co.nz) has been live for just over a year now. Have you gone online and checked it out? In the past year almost 6,500 people have visited our website, if you haven't been there, come check out the awesome information for young people including:

- How to have positive and respectful relationships
- What is consent?
- What is sex without respect?
- How are you treating others?
- Sex, drugs and alcohol
- Effects of sexual violence
- How to support friends
- Bystander intervention
- Where to get help
- Tips to get through it
- Reporting to the police



"I deliver respectful relationship education in schools in Victoria, Australia, I just wanted to commend you on a great website. It's certainly one I will add to my list when working with students at secondary schools."

"Kia ora tatou. A great quiz – it would be marvellous to link it to all Aotearoa Secondary schools."

## Did u Know?

Almost 75% of Sex 'n' Respect website visitors are referred from Facebook!

To engage with more young people through social media, RPE is setting up a Facebook page for the youth site soon. So please keep an eye out for our Facebook page and make sure to "like" us when you see it!







## SEX 'N' RESPECT

Working with young people to promote respectful relationships and prevent sexual violence

# Parties

**Sex 'n' Respect Parties (SNR Parties)** is a three-session programme that provides young people with positive strategies for reducing the risk of alcohol-facilitated sexual violence and alcohol-related harm,

during party situations. The programme is delivered to high schools students in the year subsequent to the delivery of BodySafe (Year 11 or 12).

The programme focuses on the promotion of respectful relating and active bystander intervention in situations where alcohol and drugs are being consumed. Within SNR Parties, RPE takes a harm-minimisation approach to alcohol and drug consumption.

RPE aims to further develop the programme and deliver it to schools

throughout 2012. Achievements thus far include the completion of a literature review (covering the topics of Prevention, Alcohol & Drugs, and Sexual Violence & Young People) and the formation of a primary stakeholder group. The group is comprised of nine Auckland-based professionals who work with young people who have experienced alcohol and/or drug related sexual harm.

For more information about SNR Parties, please contact Veronica Marwitz at [veronica@rapecrisis.org.nz](mailto:veronica@rapecrisis.org.nz) or (09) 361 2729.

## Profile On: RPE Youth Educator Hone Potini



### What were you doing before you came to work for RPE?

I was (and still am) involved in the performing arts industry.

### What drew you to work with young people in the area of sexual violence prevention?

I received a text message from RPE Youth Educator Chris Zack one day. Chris and I had been involved in a te reo Maori course the previous year, and he asked if I'd be interested in becoming an educator. Having had previous experience working with youth in the performing arts industry, and understanding the importance of the BodySafe programme, I came on board.

### What do you love most about being a youth educator at RPE?

Seeing youth take hold of the BodySafe message and making it their own.

### What tips do you have for talking to young people about sensitive subjects such as sexual violence?

First and foremost, be yourself. Youth easily see through fake people and quickly switch off, so be genuine.

Have a sense of humour. The ability to laugh at yourself is a powerful tool when working with youth no matter what message you are sharing.

It's also important to have good boundaries when necessary, but balance that with fairness and fun.

*"After the (SNR Alt Ed) programme the tutor reported a miraculous change in the boys' attitude towards passersby as being respectful and positive. Mission accomplished!"*

### What message do you have for other males who may be interested in getting involved in prevention education?

Have a good support team. Be proud of yourself for getting involved.

### What is your favourite moment in a class or group run by RPE this year?

My most recent experience (I have many) is from an alternative education centre. According to the tutor, before the Sex 'n' Respect Alternative Education programme the boys in the group would heckle and wolf whistle the girls passing by in the nearby park. After the programme the tutor reported a miraculous change in the boys' attitude towards passersby as being respectful and positive. Mission accomplished!

*Above left, RPE Youth Educator Hone Potini*



# Women’s Personal Safety’ Seminar – More than 100 Women turn out for RPE Charity Event

*“Thank you so much. As a survivor it was so powerful for me to be able to make sense of my situation and recognise the strategies which were used on me. Until now I thought I was just stupid and dumb for letting it happen to me but now I can see how he did it. You have helped give me some dignity back and I can only thank you so much for the work you are doing.”*



On the 26th October 2011 more than 100 women from all walks of life participated in Protect Self Defence’s charity Women’s Personal Safety Seminar. The event was a huge success and more than \$2,000 was raised for RPE. This is the second charity event that ‘Protect’ has hosted for RPE and participants included Police, women’s protection agency workers, counsellors, children’s services workers and everyday women looking to increase their skills around safety.

“The focus of this seminar is on empowerment for women. Many people think of ‘self-defence’ as ‘physical’ defence whereas, in true self defence,

*“Totally refreshing approach to the subject. Well presented and your experience showed through as well as your sensitivity, respect and empathy for what is a very hard subject. I do not recommend many organisations but am happy to recommend yours. Very, very valuable evening.”*

this is not the case. ‘Protect’ is unique in that we provide realistic education about the behavioural and psychological aspects of recognising and preventing an assault (if possible) at its earliest point. If avoidance is not possible then we teach highly effective physical skills as a last resort,” Athena Thompson, co-founder of Protect Self Defence.

‘Protect’ offers a range of programmes for community groups, schools and corporations. They also work with several government departments including Police.

To schedule a programme for your organisation contact Protect at [www.protectselfdefence.co.nz](http://www.protectselfdefence.co.nz) or phone 09 533 4181.

## 2012 ‘Safe For Life’ Women’s Self Defence Course

Live a life of freedom without the threat of physical or sexual violence and scare tactics – *Safe For Life* is a totally new approach to self-protection for women which focuses on empowerment and enablement rather than fear.

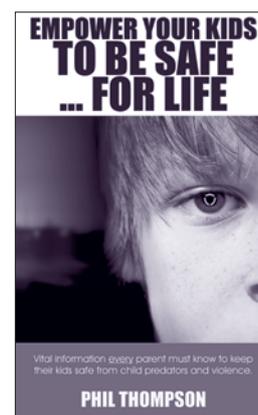
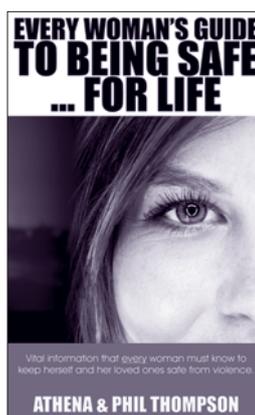
This comprehensive and unique course includes training in the behavioural and psychological aspects of violence, to give you the real advantage over potential attackers but also to allow you to live life without un-warranted fear or worry.

*Safe For Life* has been designed exclusively by a woman, self-defence specialist Athena Thompson. As a past survivor of serious assault herself, Athena understands perfectly the emotional and physical realities of violence against women and has helped to empower thousands of women through this programme.

This is a course that all women and girls ages 15 years and older, should attend. To learn more or book, visit [www.protectselfdefence.co.nz](http://www.protectselfdefence.co.nz) or phone 09 533 4181.

### 2012 ‘Safe For Life’ Women’s Self Defence Course Dates:

- 12 Feb, Christchurch
- 25 Feb, Auckland
- 24 Mar, Wellington
- 23 Jun, Wellington
- 20 Oct, Wellington



### *Every Woman’s Guide to Being Safe...For Life and Empower Your Kids to be Safe...For Life*

Protect Self Defence founders, Athena and Phil Thompson are specialists in self-protection against physical or sexual violence. Their books, *Every Woman’s Guide to Being Safe...For Life* and *Empower Your Kids to be Safe...For Life* are highly recommended and available at Amazon.com, Barnes and Nobel, Protect’s online shop and most book stores.



## RPE Survivor Advocate Louise Nicholas



### Kia Ora Tatou

It was a pleasure for Aimee Stockenstrom (RPE Programme Director) and me to spend several days with Ann Kent and her team at Abuse & Rape Crisis Support (ARCS) Manawatu. Thank you so much Ann for giving Aimee and me the opportunity to enjoy the company of so many wonderful people.

This year (and for the first time) I had the opportunity to share my story with two groups of university students and highlight the impact of my legal case on social policy in New Zealand.

In the first instance, Dr Shirley Julich, Senior Lecturer in Social Work and Social Policy, Massey University, invited me to lecture in June, and in the second, Claudine Hutchings, Fieldwork Coordinator/Lecturer UNITECH Waitakere Campus, gave me the opportunity to speak to second year Bachelor of Social Practice students in September.

Both were amazing experiences as I felt that my story would help these students gain a better understanding about working with survivors of sexual violence in the future.

In October Hamish Dixon invited me to speak at Wellstop's Annual General Meeting. For me, it is important to share a survivor perspective with therapists that work with people who commit sexually harmful behaviours and to acknowledge the value of offender treatment services.

In October I also represented survivors during a bi-monthly TOAH-NNEST three day hui in Wellington.



Louise Nicholas delivers a keynote speech at Shakti's Annual General Meeting.

In November I was invited by Wellington Help, to provide a survivor perspective during the training they held for Specialist Court Advisors that work with victims of sexual assault.

Finally, along with a number of experts within the sexual violence intervention sector, including Dr Kim McGregor, I was invited to be a part of a steering group formed to assist researchers Elizabeth McDonald and Yvette Tinsley of Victoria University Law Foundation with their project on pre-trial and trial processes for sexual offending and the Law Commission's related project chaired by Warren Young.

As usual I would like to thank all of the wonderful people that I have had the honour of working with over the past few months and also thank everyone who works to end sexual violence within Aotearoa/New Zealand.

Arohanui



## RPE Advocacy Portfolio

### Louise Nicholas meets with Ministers Power & Bennett to address the lack of Specialist Support and Counselling available to Survivors of Sexual Violence

Over the past year, Louise was again highly concerned by the first-hand testimonies from survivors of sexual violence around the country telling her of the lack of specialist support and counselling available to them. Despite all efforts to improve this situation, survivors continue to report problems accessing ACC subsidised counselling. This serious problem has continued for two years since the implementation of the highly restrictive ACC Sensitive Claims Unit's 'Clinical Pathway' in October 2009.

In support of survivors' concerns, Louise was granted a special meeting (August 2011) with the Minister of Justice Simon Power and Minister of Social Development Paula Bennett. Both Ministers listened to Louise present her concerns, thanked her for her representation and Minister Bennett promised that she would continue as a lead Minister to work with TOAH-NNEST and other Ministers to address this serious issue.

## MWA Visits RPE



RPE was pleased to welcome key Policy Analysts from the Ministry of Women's Affairs to discuss research on How to Prevent Sexual Violence Revictimisation. Pictured from right to left are RPE team members Veronica Marwitz, Dr Kim McGregor, Eileen Kelly and Aimee Stockenstrom with Denise Lievore, Stephanie Nichols and Deb Moran of MWA.



## SlutWalk & Take Back the Night

RPE was pleased to support SlutWalk Aotearoa coordinators from the University of Auckland and the Auckland Women's Centre, to help plan and conduct the SlutWalk march on Auckland's Queen St on 25 June 2011. Dr Kim McGregor and Louise Nicholas delivered keynote speeches at the event.

"The stigma associated with the name 'SlutWalk' is controversial and potentially negative for a range of women. Despite this, the march was a huge success with hundreds gathering in what in essence was one of the largest anti-rape marches in NZ in several years."

In September, RPE supported the student group's Take Back the Night march at Auckland University.

*Demonstrators, including RPE's Kate Butterfield, march in support of SlutWalk Aotearoa, June 2011.*



## 4th Annual Northern Regional Conference a Success



The 4th Annual Northern Regional Symposium in 2011 was a huge success. The 2011 Symposium, 'Working with Sexual Violence: Survivor & Prevention Focus' was organised by RPE, Counselling Services Centre and Auckland Sexual Abuse Help Foundation. Highlights of the Symposium included the opening for the second year in a row by Minister of Justice Hon. Simon Power, keynote speeches from Associate Professor Dr Jan Jordan from Victoria University, and Phil Hamlin from the Crown Prosecutor's office Meredith Connell.



*Top left, more than 100 professionals from around New Zealand gathered to participate in the one-day conference.*

*Top right, Philip Hamlin, prosecutor and Partner at Meredith Connell, delivered a powerful and inspirational closing Keynote speech.*

*Far left, Ngati Whatua provided the powhiri for the Northern Regional Symposium.*

*Left, Russell Smith presents the Tiaki Tinana workshop on sexual violence prevention.*





## RPE attends National Sexual Assault Conference in US



In September 2011, RPE Director Dr Kim McGregor and Programme Director Aimee Stockenstrom attended a three day National Sexual Assault Conference, "Changing our Communities, Changing our World," in Baltimore, Maryland.

Of the more than 850 people in attendance, Kim and Aimee were the only delegates from New Zealand, with others from Japan and American Samoa.

The annual, advocacy-based conference provides information, workshops and training opportunities on sexual violence prevention and intervention.

A highlight of the conference was an address by Lynn Rosenthal, White House Advisor on Violence Against Women to President Obama and Vice President Biden.

Dr Kim McGregor says, "This Advisor position is significant as it is the first time such an appointment has been made by a White House Administration. It was also impressive to hear that even in these tough economic times they were discussing a \$1Billion vote to address violence against women."

The conference provided an opportunity to increase awareness, forge partnerships, share prevention strategies and gain insight on research, evaluation and programmes.

Dr McGregor adds, "While we were in the USA we were also extremely fortunate to make a trip to Richmond, Virginia to learn how both the Family Violence and the Sexual Violence Intervention Sectors developed a joint committee that entered

into a Transformation Process to develop one new coalition from the two sectors.

"The process took several years to work through. To ensure that the Transformation was a success, the committee developed a set of guiding principles including making a commitment that the Transformation would include an assurance that resources devoted to sexual violence issues would be equitable.

"The relationships and knowledge I gained as a result of the trip are invaluable, especially as it relates to our work with the Ministers leading the post Taskforce for Action on Sexual Violence work and addressing the funding inequities between family violence and sexual violence in New Zealand."

*Highlights from the US based National Sexual Assault Conference included meeting the team from the Virginia Sexual and Domestic Violence Action Alliance (VSDVAA) (left); David Lee, Director of Prevention Services for the California Coalition Against Sexual Assault (middle); and the Hollaback! team who are dedicated to ending street harassment using mobile technology (right).*

## TOAH-NNEST Update from Dr Kim McGregor, Taiwi Chair

This year, as a representative of Te Ohaakii a Hine National Network Ending Sexual Violence Together (TOAH-NNEST) and Taiwi Chair, my TOAH-NNEST colleagues and I have continued to meet with the post Taskforce for Action on Sexual Violence Ministerial leadership team (Ministers of Justice, Social Development and Whanau Ora) to advocate for realistic and sustained funding for all of our sexual violence frontline services. One of our aims is that New Zealanders in every part of the country have easy access to wrap around services including prevention initiatives, early intervention and ongoing support services as well as support through the criminal justice system.

One of the key outcomes of this advocacy was what could be the first ever government stocktake of Government Expenditure on Sexual Violence Services.

From this document we were able to confirm what we already suspected; that Family Violence Services are funded at three times the level of Sexual Violence Services and that funding for our sector is woefully inadequate. Having this fact confirmed helped us to make sense of how our entire sector has been undermined by inadequate resourcing for many years.

To make progress on our sector's funding issues, the Minister of Social Development has set up a national advisory panel made up of TOAH-NNEST and community representatives. We thank Minister Bennett for her leadership in forming the panel (which met twice in 2011) and we look to making urgent progress for our sector through 2012.



Top, TOAH-NNEST representatives meet with Minister Bennett and Minister Parata to discuss progressing the Taskforce for Action on Sexual Violence recommendations.

Above, TOAH-NNEST representatives meet with Minister Bennett as she takes on Ministerial leadership for the post Taskforce for Action on Sexual Violence.



## ACC Sensitive Claims Advisory Group (SCAG) Update from Dr Kim McGregor

You may recall from the last issue of *RPE UpDate*, that as a result of the Sensitive Claims Pathway Review Panel recommendations, the Sensitive Claims Advisory Group (SCAG) was expanded to include members of TOAH-NNEST and to demonstrate a commitment of meaningful re-engagement with the sexual violence intervention sector. Together with professional body representatives and TOAH-NNEST colleagues, Louise Nicholas and Dr Kim McGregor continue to serve on the SCAG to work with ACC to improve access to counselling to levels similar or better than pre the Clinical Pathway. We hope to have an update for you in the next issue.



Members of the ACC Sensitive Claims Advisory Group meet quarterly with ACC to improve access to counselling for survivors of sexual violence.



## RPE Operations Update

### RPE Five Year Strategic Plan Completed

The RPE team and Taumata held a successful planning day facilitated by Vivienne Thomson of Thomson Consulting in mid-2011. A draft plan was drawn up and after several peer reviews, RPE has a new Strategic Plan to guide our planning and operations for the next five years.

The plan consists of five goals which begin with the strengthening of our relationship with Tangata Whenua and goes on to cover the provision of education and community services; advocacy, marketing and communication; finance and operations. Business plans are subsequently being developed to implement the strategies described for each goal and meet performance measures.

## We are in critical need of YOUR support Please make a donation today.

100% of donations, less a small online transaction fee if applicable, go toward the running of RPE services. A tax-deductible receipt will be provided for all donations of \$5 or more.

### FOUR WAYS TO DONATE

#### 1. ONLINE:

Visit [www.rapecrisis.org.nz](http://www.rapecrisis.org.nz) and click on the "Support RPE" button to make a donation of any amount. Please note "anonymous" in comment section to remain anonymous.

#### 2. PHONE:

Call Ashiana Shah at (09) 361 2720

#### 3. MAIL:

Post a cheque payable to RPE to PO Box 78 307, Grey Lynn, Auckland 1245

#### 4. EMAIL:

[ashiana@rapecrisis.org.nz](mailto:ashiana@rapecrisis.org.nz)

## RPE Has Moved!!

After seven productive years on Williamson Avenue, RPE is excited to announce that we have found new premises to accommodate our team very close to our previous address.

We can now be found on Crummer Road, Grey Lynn, and we look forward to accommodating many of our readers in the new building for meetings, training and whanau focussed activities.

### Featured Corporate Sponsors



### Thank You Funders



## DIRECTOR'S NOTE



By Dr Kim  
McGregor

### Nga Mihi Kia Koutou

Since I started with RPE seven years ago the agency has experienced continual unprecedented growth in its local and national service delivery and advocacy, as well as progressing our important relationship with Tangata Whenua to a new and stronger level of partnership.

Whilst making significant achievements over the past seven years, **there is still a huge amount of work required to reduce and eventually eliminate the very high levels of sexual violence in our country.**

RPE remains dedicated to working with our sector partners TOAH-NNEST, local and national government and communities to continue to progress our work. I am pleased to share that since the last issue of *RPE UpDate*, we have had some exciting new developments.

### RPE has moved!

Due to our former premise being sold, RPE moved premises on 25 November. I would like to thank Business Director Eileen Kelly and Administrator Ashiana Shah for their diligent effort in sourcing a fantastic, new office with plenty of space for meetings and training. Thanks also to Korowai Tumanako and Whaea Hera Pierce for blessing our new building. The move to the new premise was completed just in time to host a powhiri, housewarming and **AGM on 9 December.**

We were pleased that RPE's *BodySafe* contract with the Ministry of Health (MOH) was rolled-over for another three

years. We were also awarded a three year MOH contract so that our Kaupapa Maori partners Korowai Tumanako could develop and deliver a new programme, 'Rangatahi & Sexual Health'. RPE also received a one year contract with the Ministry of Justice to expand our pilot delivery of **Sex 'n' Respect Parties**, all of which is expanded upon in this issue. We thank all our funders for their on-going support.

### RPE Maori Portfolio

In the last issue of *RPE UpDate* we celebrated the milestone of **Korowai Tumanako** becoming Taumata for RPE. In this issue I am pleased to celebrate another. As part of our **Rangatahi & Sexual Health** contract, we have welcomed Sylvia Knutsen of Korowai Tumanako to become **Kaiwhakahaere** for RPE. Sylvia was brought on by her Uncle Ted Ratana, kaumaatua and kaiwhakahaere of Kāwei Limited, Dynamics of Whanaungatanga, and Whaea Tahana, kaumatua from Waitemata DHB.

### RPE Quality Programmes

With the addition of our Programme Director, Aimee Stockenstrom, we've been delighted to see the quality levels of RPE programmes reaching new heights.

RPE youth programmes, **BodySafe** and **Sex 'n' Respect**, continue to develop in exciting ways and I'd like to recognise our youth team for the outstanding creative talent and passion they put into their work. The **Sex'n'Respect website** had its

first birthday with some excellent results and our **Sex 'n' Respect Alternative Education** programme headed by Miriam Sessa, has developed into a specifically tailored programme for some of our most at-risk youth, and is highly valued by the students and their tutors.

RPE's professional education workshop, **'Dealing with Disclosures'** was recently reviewed and improved and the new programme has received excellent evaluations. Plans to expand the delivery of Professional Education workshops to multiple levels of training are scheduled throughout 2012.

### Rugby World Cup 2011

Coinciding with Rugby World Cup, RPE Survivor Advocate Louise Nicholas was appointed as an Ambassador to the **Blow the Whistle Campaign ([www.blowthewhistle.co.nz](http://www.blowthewhistle.co.nz))** and our Professional Education project **Safer Communities All Night (SCAN)** that trained hospitality staff in sexual violence prevention strategies was completed in time for the kick off.

### RPE Survivor Advocacy

The advocacy arm of the agency continues to be championed by the indomitable **Louise Nicholas**. Louise is frequently invited to give keynote speeches all over the country at AGMs, Universities, Rape Crisis and other community groups. She is also often asked to be a consultant on local and national government advisory groups. Almost everywhere she goes Louise receives standing ovations. People everywhere are moved by her as she continues to symbolise relentless courage and determination as she stands up to injustice and to the perpetration of sexual violence.

### The Year Ahead

I would like to close by saying how grateful I am to our impressive Kaupapa Maori partners Korowai Tumanako. RPE's highly professional new management and administrative team, our creative, dedicated and hardworking staff, our exciting new Board, and our very generous volunteers, friends and supporters who all together make our aim to work to eliminate sexual violence possible. We have all of the ingredients in place for yet another exceptionally productive year ahead.

*Above left, Dr Kim McGregor pictured with recently appointed RPE Board Member Kristin Dunne-Powell.*

*Left, longstanding RPE Chair, Debbi Tohill (far left) with recently appointed board members Tara Jahn-Werner, Peter McGlashan, Jessica Trask and Matt Dodd.*

