

RPE UpDate

Issue 5 – Winter/Spring 2011

Working together to eliminate rape and sexual abuse



**Rape
Prevention
Education**

RAPE CRISIS AUCKLAND INCORPORATED

WHAKATU MAURI

The Spectrum of Prevention

By Veronica Marwitz

The *Spectrum of Prevention* is a model that demonstrates how to effectively “do” prevention. Over the next six issues, RPE will provide a deeper look into each of the six levels of the spectrum. In this first instalment, we introduce to you the model and its importance in the design and delivery of comprehensive, effective prevention programmes, especially in relation to the primary prevention of sexual violence.

The Spectrum Of Prevention

Influencing Policy and Legislation

Changing Organisational Practices

Fostering Coalitions & Networks

Educating Providers

Promoting Community Education

Strengthening Individual Knowledge & Skills

As knowledge around the primary prevention of sexual violence develops both nationally and internationally there is increased awareness that in order to prevent sexual violence a comprehensive, community-based approach must be taken.

Sexual violence is caused by a combination of risk and protective factors that originate from individual, relationship, community and social influences. In order to be the most effective, primary prevention activities must promote change at each of these levels of influence, for example:

As observed by the American Institute of Medicine, “it is unreasonable to expect that people will change their behaviour when so many forces in the social, cultural and physical environment conspire against such change.”¹

As RPE has moved increasingly into working in primary prevention, Larry Cohen’s *Spectrum of Prevention* provides a useful tool to guide this development.

The *Spectrum of Prevention* is designed to guide the development of prevention activities to bring about broad-scale change in communities, from individual to social policy change. The spectrum covers six levels of strategy development. These levels complement and influence each other and **the transformative power of the spectrum is most potent when levels are combined, rather than by implementing any single activity.**

Level 1: Strengthening Individual Knowledge and Skills

The focus at Level 1 is on strengthening the knowledge and skills of individuals so that they may build their capacity to prevent sexual violence. This work can take place in both groups and one-to-one relationships.

¹ Smedley, B. & Syme, S. (Eds), (2000) *Promoting Health: Intervention Strategies from Social and Behavioral Research*. Washington DC: National Academy Press.

² Gruninger U. (1995) Patient education: An example of one-to-one communication. *Journal of Human Hypertension*, 9.

“In a trusting relationship with a person who is perceived to have expertise or authority, even brief comments have a lasting impact, particularly when reinforced over time or through community norms and practices.”²

Level 2: Promoting Community Education

Prevention efforts at Level 2 focus on raising public awareness, changing public attitudes and building a critical mass of support for more respectful behaviour, norms and policies. Education efforts may involve workshops to community groups, media campaigns, community events, and so forth.

(Continued on page 2)



“I’m so grateful for the report from the Taskforce for Action on Sexual Violence. That report has been, and will continue to be, a rich source of information for the Government. It’s the most comprehensive roadmap on sexual violence prevention and services that we’ve ever seen.”

Hon Simon Power, Speech to NZ Law Foundation: Pre-trial and Trial Process Reform in Cases of Sexual Offending Workshop, 19 April 2011

Pictured above, Dr Kim McGregor with Hon Simon Power.

Level 3: Educating Providers

Strategies at Level 3 involve educating providers around prevention. Providers refer to a broad range of people such as journalists, health practitioners, police officers, media producers, librarians, staff at community/recreation centres, prison guards, hospitality staff, travel industry staff, security personnel, etc. Basically any person who within their field of expertise has opportunities to transmit information, skills and motivation to clients, community members and colleagues.

Level 4: Building Coalitions and Networks

The focus at Level 4 is on building coalitions and networks to work most effectively in a community. Collaboration and the building of strong local, regional and national networks is central to the success of the prevention of sexual violence.

Level 5: Changing Organisational Practices

Many organisations have enormous impact upon community norms; including those that support sexual violence prevention. Such organisations are schools, police, sports organisations, media, funders, health services, tertiary institutions, legal professions, etc. Strategies at Level 5 focus on changing

organisational regulations and practices which can have a wide-ranging effect on community norms.

Level 6: Influencing Policies and Legislation

Actions at Level 6 result in the broadest improvement in outcomes. Changing policies and legislation brings about change for large numbers of people. Actions at this level require consideration of all levels of policy – national, regional and local.

The spectrum has been utilised for the prevention of a broad range of health issues in New Zealand and increasingly in sexual violence prevention. In the next issue the first level of the spectrum, *Strengthening Individual Knowledge and Skills*, will be covered in more detail and examples of some of RPE's work at this level will be provided.

Reference

Davis, R., Fujie, P. & Cohen, L. (2006). Sexual violence and the spectrum of prevention: Towards a community solution. Pennsylvania: National Sexual Violence Resource Centre. Retrieved from: <http://www.cdph.ca.gov/HealthInfo/injviosa/ Documents/SV-Spectrum-VPU.pdf>

Profile on: Sex'n'Respect: Alternative Education



With thanks to funding by the Ministry of Social Development, RPE has been able to respond to ever increasing demand to develop and deliver a specialist prevention workshop for highly vulnerable and at risk young people in alternative education facilities.

The demand for the delivery of a programme like BodySafe to this population has recently increased significantly. In response, RPE's youth team developed a new programme, "Sex 'n' Respect: Alternative Education" (SNR Alt Ed). The programme was delivered to six centres last year and will be delivered to at least 13 centres in 2011. However, at least 25 more centres remain on a waiting list and growing.

Included in the programme is a two hour training for centre staff. The training aims to equip staff with skills required to deal with disclosures of sexual violence

and improve their knowledge of sexual violence risk factors amongst this population, for example re-victimization and identifying and safely responding to potentially harmful behaviour.

RPE aims to further develop SNR Alt Ed to meet the specific needs of this population and to implement best practice standards for delivery, for example increasing the number of sessions per workshop from three to six.

For more information about SNR Alt Ed, or to register your interest in the programme, please contact Miriam Sessa, SNR Alt Ed Coordinator at Miriam@rapecrisis.org.nz or 360-4001 ext. 212.

Youth 2000 revealed an alarming picture of the experiences within alternative education settings with 45.5% of females and 23.9% of males reporting experiencing sexual abuse in the last 12 months.³

³ Adolescent Health Research Group (2002) *Alternative education student's health: From Northland and Auckland regions*. Auckland: The University of Auckland.

Secretary of State Hillary Clinton Commends ALL associated with TOAH-NNEST/Govt Partnership



RPE was invited to attend the Question and Answer session with Secretary of State Hillary Clinton in the Christchurch Town Hall 5 November 2010 and Dr McGregor asked one of only five questions that the Secretary of State had time to answer.

Mrs Clinton thanked Kim for raising the topic of the sexual violence because it was such an important issue. She commended everyone associated with TOAH-NNEST and New Zealand's unique example of indigenous and non-indigenous groups working in partnership with government toward sexual violence intervention and prevention. She called the effort "excellent" and said that she would be interested to hear about our progress in the future.

* To join TOAH-NNEST, please see page 9.



SCAN

Safer communities All Night

Our Host Responsibility and Sexual Violence programme resulted in a train the trainers workshop around the country and is now delivering the programme **"Safer Communities All Night" (SCAN)** to security staff this year in time for the **Rugby World Cup 2011**.



Professional Education Manager Marama Hetaraka getting down to work.

The first phase of SCAN has been completed, with more than 20 workshops being delivered in more than 10 cities nationwide. There has been immense interest in the project and we therefore anticipate more bookings to be made within the next few weeks.

In addition, we are pleased to share that: Sky City has booked SCAN workshops for their entire Security and Food and Beverage staff in Auckland over May and June; The Central Restaurant Association of Auckland has also booked workshops for June; and several security firms are also looking to book more workshops.

SCAN is a collaboration between RPE, Hospitality Association of New Zealand (HANZ), Alcohol Advisory Council of New Zealand (ALAC), NZ Police, ACC, Department of Labour and bar managers and security staff working within the hospitality industry. SCAN aims to raise awareness of the high correlation between alcohol and sexual violence and aims to train bar security staff about how to recognize potentially harmful behaviour and safely intervene.

Dealing with Disclosures

One-Day Workshops 2011

With Guest Speakers

Louise Nicholas &

Aaron Gilmore of Dancing with the Stars

21 June – Trust Stadium,
West Auckland

10 August – Aristotle Motel,
North Shore

9AM – 4:30PM
Only \$195 + GST

Places are limited, so BOOK NOW!

For bookings please email
training@rapecrisis.org.nz
or call Marama at
09 360 4001 ext 206



RPE Survivor Advocate, Aaron Gilmore of Dancing with the Stars, speaks about his experience as a survivor at a Dealing with Disclosures Workshop.

FUNDRAISING

RPE Volunteers for Bucket Collections

We have buckets, banners and even balloons! All we are missing is YOU!

Please register your interest in helping us with future bucket collections. **Simply email your contact details to gina@rapecrisis.org.nz.** We'll add you to our volunteer list and email you when the opportunity arises! Plus we'll send you a complimentary **Elizabeth Arden** fragrance sample just for signing up!



Protect Self Defence have just completed another highly successful schedule of 'Safe For Life' Women's Self Defence seminars throughout Auckland and Wellington. This seminar is endorsed by RPE and is the only one of its kind in NZ. Check out www.protectselfdefence.co.nz or call +64 9 533 4181 for dates of the next courses in your area.

Be sure to subscribe online to receive updates and for a limited time, all subscriptions will receive a FREE e-book, **Fine Tune Your Personal Safety Radar – 7 ways to stay safe and protect yourself and your family from violence**, by Phil Thompson.



Get your
"TOUCH but only if it's consensual 😊"
t-shirt

A fun way to promote respectful relating. Men's S-M-L-XL-XXL-XXXL and Ladies S-M-L-XL. \$25 each, to purchase please contact Ashleigh at ashleigh@rapecrisis.org.nz



Korowai Tumanako Taumata for RPE

We are pleased to announce that RPE Tiaki Tinana founder Russell Smith, together with Joy Te Wiata, recently founded a stand alone organization *Korowai Tumanako* (KT), which translates to "The Cloak of Hope", and will serve as Taumata for RPE.

KT's vision is the prevention of sexual violence through education to tamariki, rangatahi, whanau, hapu and iwi; training and education of other professionals in fields supporting whanau ora; survivor support; wahine/tane survivor support; offender treatment; and research.

RPE can now look to KT for guidance around the employment of kaimahi Maori; the provision of services; and

'partnering' alongside Pakeha/Tauiwi staff to culturally mixed audiences as encountered in mainstream settings (e.g. high schools).

KT will also provide Maori clinical supervision to RPE kaimahi Maori and cultural supervision of Pakeha/Tauiwi staff. They will regularly participate in RPE staff meetings to guide processes and will work collaboratively with RPE in the training of kaimahi Maori; to identify areas of 'difference' and support kaimahi Maori to deliver RPE programmes in order to reach Maori audiences more effectively.

RPE is extremely pleased in reaching this milestone for the agency and thanks KT for standing as Taumata for the organization.

Mate Atua me te wahi ngaro tatou e tiaki e manaaki. Tena koe, the Maori portfolio of the BodySafe programme is coming to fruition with a trial run of the programme being developed and run by June 2011. The programme is being developed under the guidance of Korowai Tumanako and will consist of four workshops that feature tikanga principles and health practices. The aim of the programme is to educate and inform rangatahi about the benefits of having respectful sexual relationships. Stay tuned to learn more about the programme in the next newsletter!

Whakawhanaungatanga



Korowai Tumanako (RPE's Taumata) hosted its first noho marae waananga (conference and forum stay at marae) for RPE at Te Mahurehure Marae in Point Chevalier. The waananga was to 'Whakawhanaungatanga', which is the process of establishing relationships and relating well to others. The noho was held to mark a new beginning in RPE's journey. We visited sites within the Tamaki isthmus that were important to Maori. One such site was in Te Atatu Peninsula called 'Rangimatariki' where historically, Maori met to waananga (conference and forum). Going to Rangimatariki to waananga was an appropriate way for RPE to commence this new beginning as 'Te Atatu' means 'The Dawn of a New Day'.



RPE takes Treaty Resource Workshops

Christine Herzog from the Treaty Resource Centre delivered Treaty of Waitangi in Application workshops to RPE team members early in the year. Workshops included: Overview of Te Tiriti O Waitangi in Practice; Equity and Te Tiriti O Waitangi; Equity and Cultural Competence; and Putting Te Tiriti in Practice.



Tiaki Tinana: A case study on creating conversations about sexual violence

As taken from *Te Puni Kokiri*: In 2010, Te Puni Kokiri completed the Tiaki Tinana report to create awareness of sexual violence within Maori communities. This report will be used as a guide to better inform future policy and investment decisions.

The Tiaki Tinana report describes an overview of the content, framework and rationale that forms the basis of the programme. The central message of Tiaki Tinana is that prevention of sexual violence in all communities is achievable. Awareness and the adoption of simple prevention strategies can result in the minimisation of harm and the prevention of sexual violence and sexual offending against children and young people. The full report can be found at www.tpk.govt.nz.

About Tiaki Tinana

In 2006 the Tiaki Tinana programme was established as a Maori response to sexual offending against children and young people. Tiaki Tinana seeks to inform health promotion to prevent sexual violence within Maori communities. It is delivered within a kaupapa Maori framework by Rape Prevention Education, Auckland.

Intimate Partner Sexual Violence: Best Practice Response Forum – Melbourne, AUS

On 17-18 March RPE attended the "Intimate Partner Sexual Violence: Best Practice Response Forum" in Melbourne. The forum was hosted by The Australian Domestic and Family Violence Clearinghouse, in association with the Centre for the Study of Sexual Assault.



Louise Nicholas and Dr Kim McGregor pictured with Emma Price (from the Centre Against Sexual Assault) at the Intimate Partner Sexual Violence Best Practice Response Forum, Melbourne.

The forum brought together policy makers and practitioners from the domestic/family violence intervention sector and the sexual violence intervention sector to examine how to improve responding to victim/survivors of intimate partner sexual violence.

The forum canvassed the response from both sectors; focussed on client centered responses, and looked at innovative service delivery models.

The training day not only provided more in depth training to improve service provider response to this particular client group, but also provided valuable insight as to how key learnings could be transferred to the New Zealand sector.

For example, Family Violence and Sexual Violence interventions require different specialist training for sector workers.

There are a number of different skills that workers need to be trained in so they are able to respond appropriately to different crimes. For example there are different laws, criminal justice processes, social responses, physical and psychological effects, healing pathways, and therefore a different range of specialist skills is required to support a victim/survivor deal with these issues.

For the two sectors to be able to respond in a more integrated way would require much more communication between the sectors and equal resources to enable joint training and discussions about ways of collaborating.

However, in Australia and New Zealand, the Family Violence intervention sector over many years has had and continues to have much more resourcing when compared to the Sexual Violence intervention sector. The two sectors are still not equal in terms of resourcing, awareness, training and capacity issues. Until there is equality of resources between the sectors it is unlikely that they will be able to participate equally in collaboration efforts.



Tiaki Tinana

BodySafe



2010 was a noteworthy year for the BodySafe programme: In addition to receiving more requests and delivering more workshops to more students than ever before (approximately 4,500), our one-year long external evaluation was completed in October 2010, finding the



RPE's BodySafe team members certainly are enthusiastic about prevention!

BodySafe programme to be effective, valued by students and of high quality.

The evaluation, completed by Massey University's SHORE Whariki Research Group, concluded that the programme was especially effective for Pacifica students and equally effective for Maori and Pakeha students, and that teachers and students were enthusiastic about BodySafe and requested increased delivery of the programme.

The report also provides recommendations for improvements such as increasing workshops delivered and progressing towards a whole school approach. We look forward to working with the Ministry of Health and potentially the Ministry of Education to explore implementation of these recommendations.

A big congratulations to BodySafe team members: Kate Butterfield, Alexander Stevens, Te Wai Barbarich, Hone Potini, Ashleigh Willets, Ratika Rai, Hannah Mills, Peter Liebscher, Jonnie Black, Rebecca Leys, Miraim Sessa, Jono Selu and Chris Zack.

Did you know there are 542 schools in Auckland? And that BodySafe is only in 20 schools?

RPE thinks seriously about this and is working toward an efficient solution in partnership with government and communities to ensure that more young people learn about respectful relating, becoming an active bystander, and getting help for both those who have been harmed and those demonstrating harmful behaviour. If you can help secure funding, make a donation or provide a corporate sponsorship to help get our programmes delivered into more schools, please contact Gina Hine at gina@rapecrisis.org.nz or 021 666 403.

For information and bookings, please contact Kate Butterfield, BodySafe Manager at kate@BodySafe.org.nz or (09) 360 – 4001 extension 210.

Thousands visit new Sex'n'Respect Website

In October 2010 and after a year of development, RPE launched a youth website to complement our Sex'n'Respect booklet. The site has been developed with support from ACC, Aim Proximity and Shard Software and has already received more than 30,000 visits.

The website provides a wealth of information for young people about respectful relating and the prevention of sexual violence.

"The website is extremely encouraging. It shows a person that there are ways of getting out of such trauma, there are contact numbers provided, also in the 'contact us' section there is an option to email."

Youth Worker

RPE conducted several focus groups with young people and professionals to develop the site.

The result is a fantastic new resource that is filled with great information, fun quizzes and polls that many professionals are finding of value and that young people are enjoying!

Topics on the site include:

- How to have positive and respectful relationships
- What is consent?
- What is sex without respect?
- How are you treating others?
- Sex, drugs and alcohol
- Effects of sexual violence
- How to support friends
- Bystander intervention
- Where to get help
- Tips to get through it
- Reporting to the police

There is also a visitor counter on the site to help young people know they are not alone, and an option to hide their visit. We also offer an email support service and provide information about getting help.

Please visit the site, tell us what you think and share it with others!
For more information please go to www.sexnrespect.co.nz or email info@sexnrespect.co.nz.



RPE and ALAC pilot Sex'n'Respect: Parties

Sex'n'Respect: *Parties* is a workshop that provides young people with positive strategies for reducing the risk of alcohol-facilitated sexual violence and alcohol-related harm during the School Ball/Party Season.

As an agency RPE recognises that the use and abuse of alcohol by young people has been a long-standing problem for NZ communities. Events such as government law reforms and intense media coverage have highlighted the issue as a major health and safety concern for all New Zealanders.

In June 2010 RPE in Partnership with the Alcohol and Liquor Advisory Council (ALAC) piloted a specialised workshop for senior students entitled Sex'n'Respect: *Parties* (SNR *Parties*).



Parties

The ultimate goal of the workshops was to provide positive strategies for reducing the risk of alcohol-facilitated sexual violence and alcohol-related harm to young people prior to the School Ball/ Party season.

For young people, we know that the risk for sexual violence occurring increases greatly in social situations where alcohol is involved. Alcohol and drug use are common among NZ youth with 34% of students reporting binge drinking in the past 4 weeks.⁴

Delivery

A team of seven BodySafe educators were trained to deliver the workshops to more than 300 students from 25 June – 23 September 2010. The age of students ranged from 15 to 19, but the majority were 16 to 18. Each student received a grab bag including RPE's Sex'n'Respect booklet, information from ALAC about safe alcohol use and information from Family Planning about safer sex.

Through delivering the pilot, we gained insight about practices that worked well in the classroom. The overwhelming feedback from both educators and students was the need for more time to address important questions safely. For example such complex questions as, "What if you got raped at the age of 15?" are difficult to address within a 60 minute session.

Outcome

SNR *Parties* was received with enthusiasm from students and staff as they told us that workshops for senior students were few, and rarely addressed such important and timely issues such as drinking and sexual interactions. Some feedback includes:

80% of the students found the Sex 'n' Respect: *Parties* workshop "useful", 69% found it "helpful" and 48% claimed that the workshop was "fun".

When asked to state the most interesting thing that they had learnt, the overwhelming response was the effect alcohol has on the body and when it is considered **NOT OK** to have sex with someone. For example:

- If they are stupefied or unable to provide clear consent; or
- giving someone alcohol or drugs to get them wasted so they can do sexual stuff with them; or
- having sex with someone who is already too wasted, i.e., "If you can't tell how wasted they are, stop."

"[...]The workshop is very worthwhile for our students, supplying them with important and effective skills to use in their lives."

Deputy Principal

"Big thanks to you guys for the workshop and for the free package with helpful information☺"

student

"It was awesome"

student

"Keep doing what you are doing"

student

Overall the pilot resulted in providing young people with valuable information and RPE with valuable insight. From here we look to further develop, fund and deliver the programme to ensure the safety of our youth around alcohol use and party situations.

For more information about SNR *Parties* please contact Miriam Sessa at Miriam@rapecrisis.org.nz or 360-4001 ext. 212.



Youth Educator Hone prepares goodie bags loaded with great information that was provided to more than 300 students who participated in the Sex 'n' Respect: *Parties* pilot. Grab bags included RPE's Sex 'n' Respect booklet, information from ALAC about safe alcohol use and information from Family Planning about safer sex.

⁴ Adolescent Health Research Group, 2008.



Louise Nicholas

"I would first like to send loads of love and support to my friends, colleagues and the survivors they support in Christchurch. You are always in my thoughts. Kia Kaha.



Kia ora tatou, gosh what a very busy period since the last newsletter it has been for me, but first I would like to say what a huge privilege it is being a part of Survivors and their family's lives. I have supported survivors' families through the courts, helping them to understand court and police procedures but more importantly walking beside them in their journey to heal. Thank you for allowing me to be there with you all.

Since the last newsletter I have been invited to participate in the consultation process between the Sensitive Claims Advisory Group (SCAG) and Accident Compensation Corporation (ACC).

When the New Clinical Pathway in October 2009 was implemented there was a huge outcry and complaints from sexual violence support agencies, counsellors, survivors and professionals. Because of the recommendations put forward by the Sensitive Claims Pathway Review Panel, ACC is now working very closely with SCAG to ensure that the recommendations are implemented and that a more consistent and user friendly system is in place for survivors accessing ACC counselling services.

The meetings attended so far have been extremely positive, however I do feel that there is still a long way to go in this process but the people involved from both parties are showing an eager willingness to overcome all hurdles thus far.

In September, Dr Kim McGregor, Kate Butterfield and I were invited to attend the launch of the Sophie Elliot Foundation in Wellington and to deliver a presentation about BodySafe.

Through the launch, the foundation provided a great opportunity for RPE and other organizations to share about youth programmes that focus on the prevention of domestic, family and sexual violence. I believe that this gave us a very good look at the various programmes across a number of sectors that are helping our youth today.



Louise Nicholas was invited to provide a Survivor's perspective on the day's proceedings at the Pre-trial and Trial Process Reform in Cases of Sexual Offending Workshop hosted by The New Zealand Law Foundation in Wellington on 18-19 April 2011.

In September, Jennifer Annan of Auckland Sexual Abuse Help (ASAH) and I were asked to present a Court Support workshop to sexual violence (SV) workers in Wellington. The aim of the workshop was to equip SV intervention workers with a better understanding of how to support survivors in the courtroom as well as provide pre- and post-court support that is absolutely vital to a survivor and her/his family's well being.

Jennifer and I are now advocating that permanent court support roles (filled by specialist SV support workers) become part of the police and court processes. This would provide survivors and families with wrap-around service throughout the whole process.

In September, I was invited as guest speaker to the International Male Survivors Day in Christchurch and hosted by Male Survivors of Sexual Abuse Trust (MSSAT).

Ken Clearwater, MSSAT Manager, and his colleagues continue to provide an amazing service to male survivors. Speaking with many of the male survivors on the day was extremely humbling and it reminded me once again that sexual violence is not just a low socio-economic problem it affects people from all walks of life regardless of gender, religion, social status and age.

These are just a few snippets from the work that I have been doing but because there is so much more happening I can't fit it all in this time around so I will have to fill you all in the next newsletter! Stay safe and stay well everyone."

Aaron Gilmore from *Dancing with the Stars*

"I often get asked what it is I do at RPE. To tell you the truth it's hard to explain. In many ways I work with the unseen. An unseen crime, the unseen fall-out and the often unseen effect on the victim and their loved ones.



It would be great to say we are always working to prevent but often we are picking up the pieces. I'm proud we can.

For those that know me you know I'm not that PC. Put simply, 'No touchy touchy' is my message. Leave our children, women and men alone. Having experienced many years of sexual abuse myself, I know first hand what it does. But I never stop knowing that there is a better way for us.

My message for this newsletter is thank you. If you are reading this you are part of the solution. Thank you for your support. Be it your time, your energy or the always needed financial support. Thank you.

As always be blessed and be you."

Staff comings & goings

As RPE responds to ever increasing demands for service, it continues to strengthen infrastructure, develop resource and drive efficiencies. Throughout this process, and in conjunction with typical turnover rates, we have seen some team members exit the agency to partake in new ventures while we have welcomed high calibre talent to lead the agency during the next stage of its lifecycle. In this regard, we are pleased to welcome:

Eileen Kelly, Business Manager

Eileen comes to RPE with a background in gender, sexual and reproductive health and family planning. She has lived and worked for the last 15 years in various North and South East Asian countries supporting advocacy and programme activities to achieve the Millennium Development Goals. She has a Masters in Development Studies from Victoria University of Wellington specialising in sexuality and gender issues in developing countries, including Aotearoa/NZ. Eileen was also one of the first Pakeha students to be admitted to Te Wananga o Raukawa in the Maori Health Studies programme in 1987.

Eileen will oversee the business aspects of the agency, including updating RPE policies, implementing an IT plan and developing business plans to ensure the agency's sustainability.

Aimee Bower, Programmes Manager

Aimee is a licensed clinical social worker and comes to RPE from her hometown of Virginia, USA where she was Director of Client Services for Project Horizon, Inc. She relocated to Auckland in 2009 where she served as a social worker for Refugee Services for two years. Aimee possesses more than eleven years experience and training in the domestic and sexual violence intervention and prevention sector, including serving on Virginia's Domestic and Sexual Violence Action Alliance and Department of Health committees.

Aimee will provide clinical oversight of our research and programmes portfolios ensuring the development and delivery of programmes that are ethical, safe and reflective of best practice in sexual violence prevention.

Ashiana Shah, Administrator

Ashiana possesses vast experience in NGO administration having worked

in Auckland and Fiji for the last 12 years in community based and national organisations such as Fiji Council of Social Services and Tamaki Pathways Trust. She graduated from Unitec with Graduate Diploma in Not for Profit Management in 2007.

Ashiana has quickly overhauled and updated our administration and accounts systems, implementing current best practice standards to drive administrative efficiencies, including transitioning our accounts system to Zero.

Marama Hetakara, Professional Education Manager

Tena koutou katoa,
Ko Taupiri te maunga
Ko Waikato te awa
Ko Tainui te waka
Ko Pohara te marae
Ko Ngati Koroki te hapu
Ko Tainui te iwi
Ko Marama Hetaraka toku ingoa
No reira tena koutou katoa

Marama Hetaraka was born and raised in Papakura, South Auckland and is of Tainui descent. She possesses 16 years experience in the social services sector with the last three and a half years working as a specialist with survivors of sexual abuse at Counselling Services Centre in South Auckland. Marama possesses the passion, expertise and large networks required to further the development of the Professional Education portfolio.

Alexander Stevens, BodySafe Maori Manager

Alexander Stevens is of Ngati Kahu Ngapuhi, Ngati Whatua and Waikato descent. Alexander possesses a wealth of experience in the mental health and addiction sector and had his own clinical therapy practice for three years. He is an advocate, volunteer and serves on various boards including the consumer panel of Counties Manukau District Health Board.

Alexander is currently developing a pilot of BodySafe Maori, a delivery specifically for Maori rangatahi.

Ratika Rai, Maternity Leave BodySafe Coordinator

Rebecca Leys, BodySafe Coordinator extraordinaire, has recently taken maternity leave. We wish her all the best with the new baby due in May! Filling in for Rebecca is Ratika Rai. Raitika earned a Bachelors degree in Health Science from AUT University and comes to us with 2 years experience in the primary health sector, most recently with HealthWEST PHO where she was a Youth & Adult Mental Health Project Coordinator. Raitika is highly organised and takes pride in building and maintaining client relationships. She looks forward to meeting and/or speaking with you over the next few months!

Miriam Sessa, BodySafe Educator and Sex 'n' Respect Coordinator

Miriam has been an integral part of the BodySafe Team for the past two years and we are now pleased to announce that in addition to educating, Miriam will assume the role of Sex 'n' Respect: Alternative Education Coordinator. Miriam brings a wealth of international experience working within the sexual violence sector having served several years with international organizations.

TOAH-NNEST

TOAH-NNEST is Te Ohaakii a Hine – National Network for Ending Sexual Violence Together.

RPE is one of the founding and executive members of this bicultural, national network. TOAH-NNEST is committed to ending sexual violence within our communities and represents the vast majority of organisations and individuals working in Aotearoa/New Zealand sexual violence prevention and intervention services. If you work in the SV Intervention sector and would like to join as an individual or agency, please contact either the Nga Kaitiaki Mauri Coordinator at 04 385 9176 or toah-nnest@live.com, or the Tauwiwi Caucus Coordinator at 04 385 9174 or tauwiwi@toah-nnest.org.

4th Annual Northern Regional Symposium
Working with Sexual Violence
Survivor & Prevention Focus

Friday 6th May 2011
Crowne Plaza Hotel
128 Albert Street, Auckland City

A one day symposium highlighting progressive practice and research in sexual violence prevention and interventions.

Symposium will be opened by the
Hon. Simon Power
Minister of Justice

Key Note Speaker: Dr Jan Jordan

If you didn't get to go, you'll find a review of the symposium in the next issue of RPE UpDate.

For more information visit: www.csccounselling.org.nz and click on the 2011 Symposium tab



Auckland Sexual Abuse HELP



RAPE CRISIS AUCKLAND INCORPORATED
WHAKATU MAORI

Ministry of Justice Contestable funding round for sexual violence primary prevention services

On Tuesday, 26 April 2011 the Ministry of Justice launched a contestable funding round to help providers across New Zealand to deliver sexual violence primary prevention services.

There are two separate streams of funding:

1. Kaupapa and tikanga Maori driven sexual violence primary prevention initiatives. Funding will be available for up to two years. To ensure that good quality initiatives are funded across the country, applicants should be aware that the panel may choose to limit funding to \$30,000 per project per annum or \$60,000 over two years.
2. Taiwi and/or bi-cultural sexual violence primary prevention initiatives. Funding will be available for projects running for up to 12 months. To ensure that good quality initiatives are funded across the country, funding will be capped at \$30,000 per project. A further contestable round will be held to allocate funding for 2012/13.

The deadline for applications is **5pm on Friday, 20 May 2011.**

For more information visit www.justice.govt.nz/policy/crime-prevention/contestable-funding-round-for-sexual-violence-primary-prevention-services

TAALK

Breaking the Silence that Surrounds Child Sexual Abuse



Talk About Abuse to Liberate Kids

RPE participates in International 24hr TAALK-A-THON to End Child Sexual Abuse

TAALK (an acronym for Talk About Abuse to Liberate Kids) is a US-based, federally approved non-profit organization with a core belief that child sexual abuse is predictable, preventable, and we all need to break the silence about it in order to find a solution.

To break the silence in a big way, TAALK Founder and Chair, Diane Cranley, hosted the organization's bi-annual *TAALK-a-Thon*, an international 24-hour vigil on 29-30 April, where survivors and professionals from around the world came together via an Internet radio show to break the silence on the same day.

More than 60 speakers worldwide, including RPE's Dr Kim McGregor and Russell Smith, participated in discussing a variety of topics related to child sexual abuse awareness, prevention and support.

RPE presented the topic, "National Network for Rape Prevention Education in New Zealand", and shared about how New Zealanders have created a national network for addressing sexual violence which incorporates indigenous and non-indigenous community members in the prevention effort (TOAH-NNEST).

The topic is very unique and was well received. We believe that New Zealand is the only country in the world participating in a not for profit/government bi-cultural solution to the problem of sexual violence.

We strongly recommend learning more about TAALK and/or listening to the Taalk-a-thon rebroadcast online at www.taalk.org.

We are in critical need of YOUR support Please make a donation today.

100% of donations, less a small online transaction fee if applicable, go toward the running of RPE services. A tax-deductible receipt will be provided for all donations of \$5 or more.

FOUR WAYS TO DONATE

1. ONLINE:

Visit www.rapecrisis.org.nz and click on the "Support RPE" button to make a donation of any amount. Please note "anonymous" in comment section to remain anonymous.

2. PHONE:

Call Ashiana Shah at 09 360 4001 ext 201

3. MAIL:

Post a cheque payable to RPE to PO Box 78 307, Grey Lynn, AKL 1245

4. EMAIL:

ashiana@rapecrisis.org.nz

QUESTIONS?

Contact Gina Hine, Fundraiser at gina@rapecrisis.org.nz, 09 360-4001 ext. 214 or 021 666 403.

Here's an Easy Way to SAVE \$300 for All NGOs and Not-For-Profits

Hi my name is Marion Bawdon from Bawdon Design and I'm privileged to work with the *fantastic people* at Rape Prevention Education as their graphic designer. If your NGO or NPO needs help with designing newsletters, brochures and other promotional items then I can help you from initial design ideas through to production and managing the printing. I fully understand your budget restrictions so I'm offering **\$300 towards your next design project** with absolutely no obligation and with my **100% money back guarantee.**

Call or email me NOW for more information.

**Ph: 820 3944 Mob: 021 149 6048
marion@bawdondesign.co.nz**

Knowledge Day Hui



Attendees of the RPE & Tiaki Tinana Sexual Violence Primary Prevention Sector Capability Building Knowledge Day Hui on 28 April 2010 at the Crown Plaza in Auckland gather for a photo. With support from TOAH-NNEST, the day was a great success, participants stating, "Awesome energy in the room and a great environment for learning," and "Thanks for a wonderful day, it was the best hui I have attended in a long time."

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RPE Information, Referral & Support Service (M-F, 9am-5pm excluding Public Holidays) 09 360 4004 or info@rapecrisis.org.nz

DIRECTOR'S NOTE



By Dr Kim
McGregor

Nga Mihi Kia Koutou

Since our last newsletter RPE has had a busy and productive time that has included hosting a national hui focused on the primary prevention of sexual violence, developing and launching an exciting new website for youth, developing new programmes, as well as extensive work with the sector and government in attempts to improve the resourcing and quality provision of services for survivors of sexual violence as well as the prevention of sexual violence.

When hearing about the many new initiatives coming from RPE, particularly from our Youth Portfolio team, one of our funders recently described RPE as a 'creative hub', 'a powerhouse of innovation'.

Government Response to the Task Force for Action on Sexual Violence (TASV)

There have been many developments for RPE and our sector, perhaps one of the most significant was the government response to the TASV report that included the **Ministry of Justice's \$1million Primary Prevention of Sexual Violence Fund** over the next two years.

After decades of little government funding, this fund provides an opportunity for us as a sector to begin to strengthen our national capability and co-ordination efforts to end sexual violence.

It was encouraging that the government response has also included **three years of funding for the national Survivor Advocate, Louise Nicholas**. This extended term provides an important opportunity to further establish and broaden the role.

Sensitive Claims Pathway Review Panel Update

Advocacy for many hundreds of survivors of sexual violence has been vital over the last year particularly since the **Accident Compensation Corporation (ACC)** introduced its highly restrictive **New Clinical Pathway** on 27 October 2009 that resulted in approximately 90% of survivors' claims for counselling being declined.

As a result, **RPE** immediately joined with **Te Ohaakii a Hine National Network Ending Sexual Violence Together (TOAH-NNEST)**, professional bodies, specialist agencies, therapists and survivors to protest against ACC Sensitive Claims Unit's New Clinical Pathway.

After a year of ongoing submissions to government, **ACC Minister Nick Smith**, set up a **Sensitive Claims Pathway Review Panel** chaired by former Mental Health Commissioner **Dr Barbara Disley**.

RPE, survivors, therapists and specialist agencies made submissions to the panel.

A key outcome was **ACC's acknowledgment of the Panel's report** stating, *"The Panel has identified some serious issues which ACC is responding to with urgency, and they make a number of important and strong recommendations for change... Overall, ACC endorses the (Sensitive Claims Pathway Review) Panel's recommendations."*

Two of the issues to which ACC responded immediately was the provision of **16 sessions of support counselling** prior to the claim being assessed and the commitment of meaningful re-engagement with the sector through an expanded **Sensitive Claims Advisory Group (SCAG)** including **TOAH-NNEST** representation for the first time.

The full report will be posted on our website in the near future.

NZ Law Foundation: Pre-trial and Trial Process Reform in Cases of Sexual Offending Workshop

On 18-19 April Elizabeth McDonald, Associate Professor of Law, Victoria University Wellington; Yvette Tinsley, Reader in Law, Victoria University of Wellington; and Jeremy Finn, Professor of Law, University of Canterbury, held a workshop to present a draft report of the NZ Law Foundation funded research project into possible modifications of the pre-trial and trial process for sexual offences, including the possible adoption of the inquisitorial procedure, and to gather comment and critique from persons with knowledge of, and experience in the law relating to sexual offending.

An invited group of approximately 50 people from the judiciary, legal profession, academia, government departments and non-government organizations with interests in criminal justice partook in the workshop.

Hon Simon Power, Justice delivered a powerful speech calling for the victim/Survivor to become the centre of the justice system.

Nga Kaitiaki Mauri (NKM) and Taiuiwi members from **TOAH-NNEST** provided

expert commentary and critique in various workshop sessions.

Sandz Peipi Te Pou of NKM discussed particular challenges for Maori within the current criminal process; **Louise Nicholas** provided a Survivor's perspective of the day's proceedings; and **Jennifer Annan of Auckland Sexual Abuse Help Foundation** and I provided commentary on possible alternatives to the criminal justice process.

Parallel and complimentary research is currently being undertaken by the **New Zealand Law Commission** and they will report back to the Minister of Justice by December 2012.

TOAH-NNEST and the NZ Law Commission will hold a follow-up meeting to look at a spectrum of legislative responses to sexual violence cases that may be included in the report.

Knowledge Day Hui: Sexual Violence Primary Prevention Sector Capability Building

Another significant highlight in our year was RPE's highly successful national 'Knowledge Day Hui: Sexual Violence Primary Prevention Sector Capability Building' that was co-hosted with **Tiaki Tinana** and supported by **TOAH-NNEST**.

The day brought more than 50 experts together to discuss the primary prevention of sexual violence. It was seen as an important day because we believe it to be only the second such national forum in Aotearoa.

Participants particularly valued both **Maori and Taiuiwi perspectives** as well as the involvement of key academics including **Associate Professor Moira Carmody** brought from Australia by RPE especially for the day.

It was pleasing that the post hui evaluations showed participants found information from the day useful to their work and reported that their knowledge of the primary prevention of sexual violence had increased.

Other highlights

In this special 'double issue' of RPE UpDate we aim to share information about our most recent work. We hope you find this information useful and welcome your feedback by emailing us at info@rapecrisis.org.nz or ringing Gina Hine at 09 360 4001 ext. 214.

2011 is likely to continue to be busy for RPE. **Thank you to each and every one of you who has supported our work. We cannot do this work alone.** Our strength is in our relationships. We need our partners and friends to work with us as we continue our efforts to eliminate sexual violence.