

RPE UpDate

Issue 4 – Summer 2010

Working together to eliminate rape and sexual abuse



Rape
Prevention
Education

RAPE CRISIS AUCKLAND INCORPORATED

WHAKATU MAURI

Focus on: Definitions of Prevention

CENTURIES AGO Desiderius Erasmus (a Dutch humanist) said, "Prevention is better than cure." This is a fundamental principle for all of us as we grapple with all manner of risk in our society (overeating, speeding, diabetes, or even getting our children safely to school, for example).

The negative effects of rape and sexual abuse are far ranging: from the estimated economic loss of \$2.4 billion per year in New Zealand (Julich, 2001)*, to the toll on the mental and physical health of those who experience abuse. We at Rape Prevention Education (RPE), like our colleague agencies, work to eliminate sexual violence and abuse.

While primary prevention has always been the aim of our work, we've recently become clearer about the meaning of true primary prevention.

We have moved from teaching risk avoidance to promoting respectful relating within communities and to stop sexual violence BEFORE it occurs.

To this end, we at RPE have chosen to concern ourselves with education, training and information dissemination to raise awareness, understanding and skills in respectful sexual relating.

Academics, prevention experts and international organisations (e.g. World Health Organisation) indicate that in order to be successful in the prevention of sexual violence, services need to be working to change social norms around gender, sexuality and violence. It is not enough to increase people's knowledge of the prevalence of sexual violence or simply raise their awareness.



We must make a concerted effort to address attitudes and behaviours that support sexual violence and to equip people with skills and tools that allow them to develop positive, respectful sexual relationships.

Further, primary prevention of sexual violence requires an integrated and comprehensive approach involving individuals, organizations, government and communities working together. Each needs to approach prevention with a clear, shared goal to eliminate sexual violence.

Recognising this, we aim to position RPE with other agencies that can help us achieve a shared goal to eliminate sexual violence and abuse. This year

we have enjoyed working with the Police, school professionals, offender treatment services, counsellors, and primary health care agencies (childcare and social workers for example). Through training, education and information-sharing we have been promoting positive knowledge, attitude and norm changes around respectful sexual relating.

* Julich, S. J. (2001). Breaking the Silence: Restorative Justice and Child Sexual Abuse. Massey University, Auckland.

Primary, Secondary and Tertiary Prevention

Primary – activities that stop initial sexual violence perpetration or victimisation.

Secondary – activities that deal with the short term consequences, after sexual violence has occurred.

Tertiary – activities that deal with the long term consequences of sexual violence perpetration or victimisation.

What services do you know that fit within any of these categories?

Going Pro for Prevention



All Black Ritchie McCaw takes a moment to be photographed with Ken Clearwater of Male Survivors of Sexual Abuse Trust and Louise Nicholas of Rape Prevention Education. Northern Regional Symposium: Working with Childhood Sexual Abuse: Strengthening and Informing Practice, April 2009.

24 hour crisis line: 09 623 1700 – HELP www.rapecrisis.org.nz

RPE Crisis Referral, Information & Support Service (M-F, 9am-5pm excluding Public Holidays) 09 360 4004 or info@rapecrisis.org.nz

Profile: Primary Prevention through Professional Education

RPE Professional Education Trainers recently travelled New Zealand to work with the hospitality industry to assist them in identifying and preventing sexual violence in the nightlife environment, and helping make New Zealand's bars and clubs safer places to party in.

The workshops were fantastic. **More than 95% of participants stated that both their understanding of sexual violence and ability to intervene in a potentially high risk situation had increased from 'Below Average' to 'Complete'.**

However, it was evident that our communities still place blame on survivors of sexual assault. The majority of participants felt that victims were either partially, or in some cases totally

to blame for the sexual violence if they were drunk, flirting, walking by themselves or went home with someone they had been drinking with.

The workshops helped participants to challenge this thinking by looking at offender behaviour, why offenders may



Professional Education Manager Kylie Tippet conducting a Host Responsibility workshop at Sky City with the Sky City team.

target individuals in these situations and how we as a community can respond to ensure that our families and communities are safer.

We are continuing to work with the hospitality industry to deliver these effective workshops. If you would like more information please contact Sue Walsh Professional Education Coordinator at sue@rapecrisis.org.nz.

We'd like to take a moment to welcome two new educators to the Professional Education team: Sue Walsh and Marama Hetaraka. Sue will be taking the lead on Professional Education through May, while Kylie is on maternity leave. We wish Kylie all the best and looking forward to having her back in May!

Tiaki Tinana – Primary Prevention within Maori communities

A recent study by Te Puni Kokiri (the Tiaki Tinana Report) found that Tiaki Tinana provides a model of engagement with Maori aimed at preventing sexual violence and abuse in Maori communities. Congratulations Russell Smith and RPE for developing a successful model and thanks to JR McKenzie Trust for sponsoring the delivery of six Tiaki Tinana workshops through 2010. For more information about Tiaki Tinana, contact Russell at russell@rapecrisis.org.nz.



RPE's Tiaki Tinana Team (Joy Te Wiata, Russell Smith and Kate Butterfield) outside Kotahitanga Marae in Kaikohe, where a well-attended, day long hui about working together to prevent sexual violence was delivered to Maori community members and Maori health and social service specialists.



Attendees of an all day Tiaki Tinana workshop held in Kaitiaki. This workshop was well attended by members of social service and community organisations from all over the far north region. Discussion and feedback highlighted the great need for information and support around sexual violence prevention for Maori in rural areas. July 2009.

RPE Calendar Autumn 2010

- **April 28**
RPE Knowledge Day Hui: Sexual Violence Primary Prevention Sector Capability Building
- **April 29-30**
3rd Annual Northern Regional Symposium
- **May 3-7**
Rape Awareness Week
- **May 19**
Youth & Sexual Violence*
- **June 8**
Dealing with Disclosures**
- **July 8**
Youth & Sexual Violence*
- **August 25**
Dealing with Disclosures**
- **September 29**
Youth & Sexual Violence*
- **October 19**
Dealing with Disclosures**

*Youth & Sexual Violence

A workshop for professionals who work with youth – this workshop looks at the issues for young people regarding sexual violence, how to appropriately respond to disclosures, and how to assist youth to prevent sexual violence.

**Dealing with Disclosures

A workshop to assist professionals build their confidence and competence in dealing with disclosures of sexual violence.

Did u Know? 26,000 unique individuals visited www.rapecrisis.org.nz in 2009

With 1 in 4 females and 1 in 8 males likely to experience sexual violence before the age of 16, it is no wonder we receive so many unique visitors to the site. Please help support our team who provide up to date specialist information via our website by making a donation today. A \$15 donation will help keep the site current and active for one day. To make a donation please see back page.



Primary Prevention through Youth Education

Congratulations to Kate and the BodySafe team for successfully delivering more than 300 BodySafe workshops to more than 3,000 youth across 20 schools and alternative education centres in Greater Auckland in 2009!

80% of youth said BodySafe helped them to be safe.

As the demand for BodySafe continues to grow, we are seeking male educators to join the team and donors to help support the delivery of the programme into more schools. A \$60 donation can help provide BodySafe to one young person. To make a donation please see back page. For more information, email Kate at kate@rapecrisis.org.nz or call 09-360-4001 x 210.



RPE Researcher Veronica Marwitz and BodySafe Manager Kate Butterfield conduct training for our BodySafe educators.

Tiaki Tinana
BodySafe

Feedback from Young People about BodySafe:

"You guys ROCK! What you are doing really helps."

"You have changed my life to become more confident."

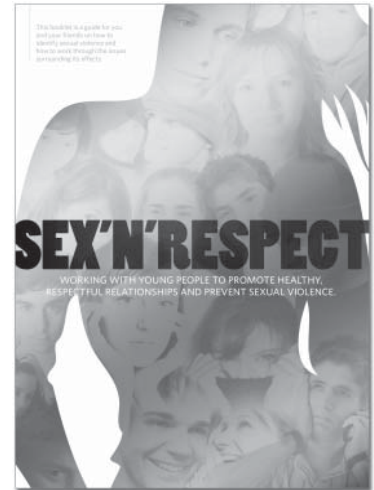
"It has changed the way I act."

"I have been given information that no one else tells you about."

"(It) happened to me, my girlfriend show(ed) signs (for me to stop) but I kept going, I know how she feels now."

"BodySafe is a very good organisation because we just normally learn about sex in sex education, but never sex without consent."

"It was extremely valuable and I liked it because you talked to us on a personal and equal level. Now I feel a lot safer & alert. Thank you very much :)"



A special thanks to Vodafone, Aim Proximity and Blue Star Print Group for donating their time and expertise to develop a fantastic new resource book for youth.

Sex 'n' Respect, Working with Youth to Promote Respectful Relationships and Prevent Sexual Violence is authored by RPE's Youth Portfolio Manager Veronica Marwitz (2008 Vodafone World of Difference Award Winner) and BodySafe Manager Kate Butterfield. The new book promises to engage more young people with its youthful design and language. We are really excited to use it in the classroom!

THANK YOU



100k Flyer RPE Fundraiser 27 March 2010, Rotorua



Beautyspot in Milford are doing the 100k flyer to raise money for RPE and we invite you to join the fun!

Thanks to Mayne Automotive, the journey from Rotorua from Auckland is being made easy. The Mayne Bus departs on Friday 26th March in the afternoon. Subsidised or free accommodation is being sought in Rotorua – so if you can help please contact Michelle at 09-488-0972 or michelle@beautyspot.co.nz

Entries cost \$60 and applications are due by 10 March 2010. All race entrants will receive an equivalent Beautyspot credit to use for pampering afterwards!



PROTECT Reality Based Self Defence

Thanks **Protect Reality Based Self Defence** for hosting a charity self defence course to raise \$800 for RPE! They had a fantastic event with a great group of women supporting a very worthwhile cause.



Protect owners Athena and Phil Thompson (farthest left and farthest right in front row respectively) and 16 women who participated in the self defense fundraising event. Also pictured is Protect student Steve Norman who helped conduct the course. www.protectselfdefence.com.



Get your
"TOUCH but only if it's consensual ☺"
t-shirt

A fun way to promote respectful relating. Men's S-M-L-XL-XXL-XXXL and Ladies S-M-L-XL. \$25 each, to purchase please contact Ashleigh at ashleigh@rapecrisis.org.nz

Te Toiora Mata Tauherenga – the Report of the Taskforce for Action on Sexual Violence

In July 2007, in response to public outcry about the acquittals in the rape trial involving Louise Nicholas and action by Te Ohaakii a Hine – National Network Ending Sexual Violence Together (TOAH-NNEST) a Taskforce for Action on Sexual Violence (TASV) was established. Over the last two years the TASV met to lead and coordinate efforts to address sexual violence and advise Government on future actions to prevent and respond to this crime.

We'd like to take a moment to recognize our Director's tireless efforts to help make the Taskforce and the Report a reality, with the aim of furthering the prevention of rape and sexual abuse for all New Zealanders. Thank you Kim for making a difference.

Te Toiora Mata Tauherenga – the Report of the Taskforce for Action on Sexual Violence was released in October 2009. It is only a beginning step for this journey – but it is a significant step.

The report sets out the key actions required to better prevent and respond to sexual violence and makes 71 recommendations to government.

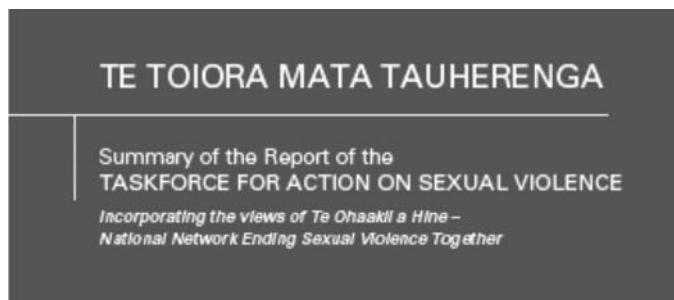
The majority of recommendations are from TOAH-NNEST.

TOAH-NNEST represents the vast majority of organisations and individuals working in the New Zealand sexual violence area and delivering front-line services for victims and treatment of offenders. (Dr McGregor serves as Chairperson of the Tauwi Caucus of this Treaty of Waitangi based network.)

A hallmark of the TASV has been the collaborative relationship between government and community. Prior to the TASV no such government/

community partnership with a specific focus on sexual violence has existed in this country at such a high level and with such wide terms of reference.

To read the TASV report and other supporting documents please visit www.justice.govt.nz/sexual-violence-taskforce



2009 © Crown Copy Right. Produced by the Ministry of Justice.

The TASV recommendations can be grouped into four themes:

- Investment in effective funding of front-line services for survivors and offenders;
- Ensuring a coordinated response as work continues across the social, health, education, and justice systems and in partnership with the community sector;
- Implementing immediate changes such as legislative and procedural improvements to the current justice system and for future investment in longer-term prevention and alternatives to the current system; and
- Building evidence and sharing information – across government and within the community sector.



Law Commission President Rt Hon Sir Geoffrey Palmer (pictured front row second from left) and Deputy President Dr Warren Young (pictured front row left) met with TOAH-NNEST and government officials from the TASV in Auckland.



The TASV team included government officials and TOAH-NNEST members.

RPE KNOWLEDGE DAY HUI:

Sexual Violence Primary Prevention Sector Capability Building

28 April 2010, Crowne Plaza, Auckland
9:30 am – 4:30 pm

RPE will be holding a Sexual Violence Primary Prevention Sector Capability Building Knowledge Day Hui for key sector and government representatives from around the country who actively work towards the 'Primary' Prevention of Sexual Violence.

Aims of the day:

- 1) Increase sector awareness of the Taskforce for Action on Sexual Violence's National Sexual Violence Primary Prevention Plan (NSVPPP);
- 2) Develop a shared understanding of what constitutes 'primary' prevention strategies and initiatives;
- 3) Gain an understanding of our regional strengths and limitations in order to begin both regional and nationwide sector planning, to support the government's action plan for strengthening sexual violence prevention;
- 4) Develop a 'Shared Vision' of what we as a sector want to achieve for the country in sexual violence prevention; and
- 5) Begin to set up a sector based National Sexual Violence Primary Prevention Advisory Group (NSVPPAG) from key sector representatives from each region, in preparation to work with government to help deliver the NSVPPP.

If you'd like more information please contact Rebecca Leys at rebecca@rapecrisis.org.nz or 09 360-4001 ext. 203

3rd ANNUAL NORTHERN REGIONAL SYMPOSIUM

Working with Sexual Abuse: Community Solutions to a Community Problem

29 & 30 April 2010, Crowne Plaza, Auckland

SAFE Network, RPE, Auckland Sexual Abuse Help and Counselling Services Centre are holding a third annual symposium bringing together those working with sexual violence to inform and strengthen best practice through sharing knowledge. This will include multiple perspectives, particularly:

- Prevention
- Working with survivors
- Working with Maori
- Offender treatment approaches
- Justice (including criminal, indigenous and restorative approaches)
- Research

Speakers include:

Hon Simon Power, Minister of Justice
Dr Ian Lambie, The University of Auckland
Jon Peacock, Department of Internal Affairs
Assoc Professor Nicola Garvey, The University of Auckland
Assoc Professor Moira Carmody, The University of Western Sydney
Armon Tamatea, Department of Corrections
Dr Patrick Kelly FRACP, Starship Childrens Hospital

To register, contact Florina Hartley on 09 377 9898 ext 701 or visit www.safenetwork.org.nz



RPE Tiaki Tinana's Russell Smith and Dr McGregor (far left and far right respectively) pictured with SAFE Colleagues and the Minister of Maori Affairs Pita Sharples.



Louise Nicholas and Dr Kim McGregor pictured with Mayor Bob Harvey. Louise was invited to speak at Waitakere City's Mayoral Task Force for the prevention of sexual violence in June 2009.



Louise Nicholas

"Well it has been an extremely busy six months since I began my second year as Survivor Advocate in July 2009.



I support survivors who may be contemplating reporting to the police, survivors (and their loved ones) going to court, and those affected by reductions in services.

It is a sad reality that many survivors reaching out for help are turned away as a result of a lack of sustained funding within the specialist sexual violence support sector.

Since the sexual violence response sector does not fall under any particular Ministry, the sector struggles to find ongoing funding to deliver sufficient practice survivor and prevention services. Lack of sustained funding often places service providers in crisis situations, and as such affects survivors and their loved ones who cannot get the help they need.

I do know however, there are several good people working to find a funding "home" for the sector, including the Minister of Justice Simon Power, the Minister of Maori Affairs Pita Sharples, the Minister of Women's Affairs Pansy Wong and my colleagues in Te Ohaakii a Hine National Network Ending Sexual Violence Together (TOAH-NNEST). We hope to achieve a positive outcome in the near future.

My colleagues at TOAH-NNEST and I also recently met with representatives of the Law Commission, Sir Geoffrey Palmer and Mr Warren Young to discuss the Task Force on Sexual Violence report and justice system improvements that would establish a fairer legal experience for survivors. The response was positive



Louise launched **Canterbury Solutions to Sexual Violence (CSSV) "Bus Back Launch"** on 18th Nov 09 in Christchurch. The campaign aims to increase the community's awareness of sexual abuse and better inform preventative action.

Pictured are left to right : Pablo Godoy, Clinical Manager, Relationship Services; Blair Williams, Senior Team Leader, STOP Trust; Ken Clearwater, Manager, Male Survivors of Sexual Abuse Trust; Kura Geere Watson, Manager, Monarch Centre; Maggy Tai Rakena, Manager, START Inc; and Louise Nicholas, Survivor Advocate, Rape Prevention Education.

and the Law Commission suggested that some of the recommendations made in the Task Force Report be incorporated in the future.

I also recently met with Crown Prosecutors at Meredith Connell in Auckland (along with RPE director Dr Kim McGregor and Paulette Benton-Greig from Auckland Sexual Abuse Help Foundation) to talk to prosecutors about the reality of what it is like being a crown witness in a sexual violence case. My aim was to help to 'humanize the witness'. The feedback has been fantastic with some prosecutors incorporating what they learned into their practice and others asking for another presentation next year.

While there is much to be done, we can hold our heads high knowing that we continue to move forward. May 2010 be a year for major growth and prosperity for the sexual violence prevention and services sector."

Aaron Gilmore from *Dancing with the Stars*

"I see my role as to give it a face. To make it real. Too many people think they are alone. As an advocate we show people there are others.



Sad as it sounds but **there are others that have gone through what they have.**

We speak to professionals offering advice and tools, we speak to victims and survivors hoping to offer a bit of light and **SOMETIMES WE JUST LISTEN.** Sometimes that's all that is needed."

Featured Corporate Sponsors

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Thank you

RAPE AWARENESS WEEK 2010



RPE raised \$6,000 over Rape Awareness Week 2009 with 100% of funds going to RPE.

Rape Awareness Week 2009 was a great success with local media supporting the cause, volunteers raising more than \$6000 through bucket collections and busking duo "Priced Appropriately" playing in support of our collection effort on Ponsonby Road.



"Priced Appropriately" busking duo Pete Harbidge and Ed Johnston (of Ed Johnston and Co Barristers and Solicitors) lent their musical talent during our bucket collection campaign during Rape Awareness Week 2009.



Svetlana, Bex, Kate and Gina putting together collection buckets, balloons, stickers and fliers for Rape Awareness Week 2009. Come join the fun in 2010, contact gina@rapecrisis.org.nz.

Special thanks to:

Ponsonby Businesses
Elizabeth Arden
Orcon
Women's Bookshop
Configure Express
Ponsonby News
MindFood
Her Magazine
Viva
Next Magazine
Radio New Zealand
Danny Watson, Newstalk ZB
Alison Leonard and The Easy Mix Breakfast
Radio Live Willie and JT
Access Radio

MARK UR CALENDAR



Rape Awareness Week 2010, 3-7 May

VOLUNTEERS NEEDED FOR BUCKET COLLECTIONS. Please register your interest now by contacting Gina Guttuso at gina@rapecrisis.org.nz or **021-666-403**. T-shirts, buckets and signage provided.

MoWA Sexual Violence Research Project



The Ministry of Women's Affairs, in partnership with the Ministry of Justice and the New Zealand Police, recently released the findings of two-year research project into sexual violence against adults in New Zealand.

The sexual violence research project has generated four research reports and one overview report, which may be found at www.mwa.govt.nz/our-work/svrproject/index.html.

Research findings highlight:

- the vulnerability of young women – a third were aged 16-19 years and over half were under 25;
- the high level of revictimisation (most of the sample (85%) had been sexually assaulted more than once);
- that most of the perpetrators (84%) were known to the survivor
- the low overall reporting and conviction rates (less than 10% of sexual assaults are reported to the police – and of these only 13% result in a conviction).

Given these rates, it can be derived that the overwhelming majority of accused offenders (more than 98%) are free to continue to sexually offend against children, women and men in New Zealand. In this regard, work on the primary prevention of sexual violence is paramount.



Dr McGregor and colleagues from Te Ohaakii a Hine – National Network Ending Sexual Violence Together (TOAH-NNEST) pictured with Minister of Women's Affairs Pansy Wong at the release of five reports from the MoWA's Sexual Violence Research Project. October 2009.

24 hour crisis line: 09 623 1700 – HELP www.rapecrisis.org.nz

RPE Crisis Referral, Information & Support Service (M-F, 9am-5pm excluding Public Holidays) 09 360 4004 or info@rapecrisis.org.nz

DIRECTOR'S NOTE



By Dr Kim
McGregor

Nga Mihi Kia Koutou

As you will see from this newsletter RPE continues to work hard with and for survivors of sexual violence, the community, our sector partners and government in our effort to eliminate rape and sexual abuse.

Our work continues to expand through the delivery of our prevention initiatives including our **Youth, Professional Education, Tiaki Tinana, and Survivor Advocacy** portfolios, as well as through our national media and consultation role.

After two years of intensive work on the **Ministerial Taskforce for Action on Sexual Violence (TASV)**, I am pleased that **Te Toiora Mata Tauherenga** (the TASV report) was released by the Minister of Justice in October 2009.

Since the end of the TASV, I and three colleagues from **Te Ohaakii a Hine – National Network Ending Sexual Violence Together (TOAH-NNEST)** have continued to meet quarterly with the **Minister of Justice** to support the TASV's 71 recommendations to government.

One of the recommendations of the TASV report is the development of a **National Sexual Violence Primary Prevention Plan (NSVPPP)**.

In preparation for the NSVPPP, RPE will be inviting and hosting 50 key community and government representatives who work in the primary prevention of sexual violence to participate in **RPE's Knowledge**

Day Hui: Sexual Violence Primary Prevention Sector Capability Building on 28th April 2010.

Aims of the hui will include increasing the sector's awareness of the national prevention plan, developing a shared understanding of our regional strengths and limitations, and beginning to set up a national network comprising of representatives from each region in the country in preparation to work with government to help deliver the national plan.

The RPE Knowledge Day Hui will be the day before the **Northern Regional Symposium: 'Working with Sexual Abuse – Community Solutions to a Community Problem'**.

2010 is shaping up to be another busy year for RPE. Thank you to all of you who support our work and help to make the elimination of sexual violence one step closer.

We are in critical need of your support. Please make a donation today.

100% of donations, less a small online transaction fee if applicable, go toward the running of RPE services. A tax-deductible receipt will be provided for all donations of \$5 or more.

FOUR WAYS TO DONATE

1. ONLINE:

Visit www.rapecrisis.org.nz and click on the "Support RPE" button to make a donation of any amount. Please note "anonymous" in comment section to remain anonymous. If you donate \$100 or more you will automatically be entered into the draw mentioned below.

2. PHONE:

Yvonne Hoffmann at 09 360 4001 ext 201

3. MAIL:

Post a cheque payable to RPE to
PO Box 78 307, Grey Lynn, AKL 1245

4. EMAIL:

yvonne@rapecrisis.org.nz

QUESTIONS?

Contact Gina Guttuso, Fundraiser at
gina@rapecrisis.org.nz, 09 360-4001
ext. 206 or 021 666 403.

SUPPORT & WIN: By simply making a donation of \$100 or more you'll automatically be entered into the draw for a \$500 Elizabeth Arden hamper and lunch with Louise Nicholas and Aaron Gilmore from *Dancing with the Stars!*

RPE goes to Cambodia!



Kate Butterfield, BodySafe Manager, was asked to speak at the 2009 Asia Pacific Regional Conference on the Primary Prevention of Violence Against Women & Children: Focus on Urban Youth, at Siem Reap, Cambodia. Kate presented "Preventing Sexual Violence: What Works for Youth in New Zealand," co-authored by Veronica Marwitz, RPE Youth Portfolio Manager. The invite-only conference was organised by the Cambodian Ministry of Women's Affairs and UNIFEM with over 150 participants. Attendees represented government and non-government organisations from over 20 countries.